

Birding Tour With Celebrity Author Going Up For Bid

As a premium silent auction item at the 8th annual fundraiser for the “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS), award-winning author and wildlife photographer Paul Bannick will host a private island birding tour for up to five people on Thursday, March 5. Go Wild for “Ding” – Lovin’ Spoonbills will take place at The Community House on Wednesday, February 12 at 5:30 p.m.

This year’s Go Wild theme continues a series of annual bird events to benefit conservation education efforts at JN “Ding” Darling National Wildlife Refuge.

“Roseate spoonbills are ‘Ding’ Darling’s most iconic bird, so we saw it fitting to make them the official totem for the refuge’s 75th anniversary celebration, which runs through December 1, 2020,” said Birgie Miller, DDWS executive director. “We are also ‘showing them the love’ as this year’s species of choice for our Go Wild, the biggest fundraiser of the year to benefit the refuge.”



Award-winning author-photographer Paul Bannick

photo provided

Attendees can bid for Bannick’s exclusive tour the evening of the event. Those unable to attend may bid on the auction item remotely by contacting Birgie

Miller at 472-1100 ext. 4 or director@dingdarlingsociety.org.

Bannick authored the bestselling *Owl: A Year in the Lives of North American*

Owls and The Owl and The Woodpecker, Encounters with North America’s Most Iconic Birds. His photography has been featured prominently in bird guides from Audubon, Peterson, The Smithsonian, the Stokes, The National Wildlife Federation and Birds of the World; and has appeared in a variety of publications from *The New York Times* and *Birds and Blooms* to *American Way* and *The Seattle Times*.

The author-photographer has appeared on *NBC Nightly News*, *Evening Magazine*, and dozens of NPR stations and programs, including *Travels with Rick Steves* and *BirdNote*. Bannick will also be a guest speaker at the refuge for this year’s lecture series on Friday, March 6 at 10 a.m. and 1 p.m.

Admission to Go Wild for “Ding” is by reservation only. Tickets are \$150 each. Less than 50 seats remain for this event, which sells out each year. To reserve your spot or for sponsorship information, visit www.dingdarlingsociety.org/articles/go-wild-for-ding or contact Dot Voorhees at 472-1100 ext. 239 or dot@dingdarlingsociety.org.

The following sponsors have already pledged their support for Go Wild for “Ding” – Lovin’ Spoonbills. Call of The continued on page 6

Award-Winning Show Coming To Captiva Library

Folksinger, storyteller and autoharp virtuoso Adam Miller will present his award-winning, one-man show *When the World’s on Fire: The Life and Songs of Woody Guthrie* at the Captiva Memorial Library on Wednesday, February 12 at 2 p.m.

Woody Guthrie (1912-67) authored over 1,000 American songs – and he didn’t use an original melody for any of them. Miller’s musical tribute tells the story of the man who wrote *This Land is Your Land*, one of the most widespread English language folksongs. Miller’s original non-fiction account of Guthrie’s life received the prestigious Storytelling World Resource Award in 2019.

Miller has become a national favorite through repeated appearances at the Walnut Valley Festival, Kansas Storytelling Festival, Tumbleweed Music Festival, California Traditional Music Society’s Summer Solstice Festival and Kentucky Music Weekend.

Traveling 70,000 miles a year, Miller performs over 200 concerts annually



Adam Miller

photo provided

in 48 states, from the Everglades to the Arctic Circle. More than 1.5 million students have attended his Singing Through History! school assembly programs. He has performed live in over 2,000 American public libraries.

In a contemporary musical landscape continued on page 36

Fermented Drinks On Tap At The Homestead

Sanibel-Captiva Conservation Foundation (SCCF) will hold a hands-on workshop exploring the world of fizzy, fermented drinks with Jackie Vitale, chef-in-residence at the Robert Rauschenberg Foundation. Vitale will lead participants in making three different recipes, including kombucha, ginger bug soda and sweet potato fly at SCCF’s Bailey Homestead Preserve on Wednesday, February 5 from 9 a.m. to noon. Cost is \$20 per person. Participants will be provided with all materials and will leave with ingredients to prepare concoctions at home, as well as in-depth recipes.

Vitale is inspired by the magic of food: as a source of joy, a community builder, a teaching tool and a happy home for microbial friends. She comes to Captiva from her hometown of Stuart, Florida, where she has spent the last five years growing an urban farm, restaurant and community space called Ground Floor Farm. She is co-founder of the Florida Ferment Fest, an annual celebration of sunshine and microbes. Learn more about



Jackie Vitale

photo provided

Vitale through her blog, Sunshine & Microbes.

The Bailey Homestead Preserve is located at 1300 Periwinkle Way. Tickets are available at www.eventbrite/sccf. For more information, call SCCF’s Native Landscapes & Garden Center at 472-1932.✱

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Sanibel Sea School Grows Up

submitted by Bruce and Evelyn Neill

For 10 years, we dreamed of creating a place where young kids could pursue the allure of the sea. We imagined a school where discovery and exploration would create a bond with nature – a bond strong enough to last a lifetime. We imagined a place where kids could see, touch and experience the world around them as they grew.

Our first attempt to create that was on the shores of Manini Beach, in Kelalakeakua Bay, on the island of Hawaii. With a fabulous, faithful partner, we purchased a plot of land only to discover that our neighbors were not well-suited for a small ocean school next door. We sold our interest in that land and shelved our idea as we developed careers and had kids.

A relocation to the east coast very quickly led us to Sanibel with our young family to explore the ocean and escape the pace of New York City. We immediately realized Sanibel would be a great location to build that institution of our dreams where kids discover themselves through ocean exploration. For five years, we visited Sanibel, always thinking “we should really do that school thing,” but each time we returned to lives too full to do more. September 11, 2001 made us realize that the things we really want, and believe in, shouldn't be ignored. Life is too uncertain to ignore valuable dreams. So, we created a nonprofit organization and settled on the name Sanibel Sea School.

We started with a keen vision, a second mortgage on our home, a little leased building, and used bus we bought from the Miccosukee Nation. We would take anyone out who was willing to go. Along the way, we found allies and supporters who shared our vision of loving kids and helping them forge a better future for our oceans.

We pushed young people; we believed in them. We worked with young teachers to help them be better in their careers.

A dozen or so years later, we are blessed with many partners and supporters who share the notion that kids profoundly benefit from a relationship with nature. Evelyn has commuted back and forth to New York to support our family as we built this institution. Our life with Sanibel Sea School has been rich, rewarding and exhausting.

As the founders of an institution, we believe we have an obligation to grow it to a strong vibrant state, and then pass it to a new leader to usher in the next wave



Bruce and Evelyn Neill photo provided

of great things. Precious conservation resources should be used wisely, and cooperation is the best strategy for nonprofits. A combination of Sanibel Sea School and SCCF (Sanibel-Captiva Conservation Foundation) is a superb way to maximize our combined impacts on conservation. We believe this is the best way to ensure a sustainable future for Sanibel Sea School, and the best way for us to serve our community.

Families are messy and complex – but our most important treasure. They are especially challenging when two careers are intertwined. In the midst of our discussions for the combination of SCCF and Sanibel Sea School, Evelyn was offered a position that was too good to pass up – a potential capstone for a long-dedicated career. Only it is in California.

With enormous support from so many of you, we have been lucky enough to build a strong, vibrant institution that proudly serves our community, helping preserve our natural resources for future generations. We have combined this business with another strong community conservation organization. Now, it is time for us to pass the institution to new leadership, who will help guide it to a new, improved future.

Late this summer, Bruce will retire from Sanibel Sea School and move to California. This spring SCCF will conduct an extensive search for a new leader of Sanibel Sea School who will take environmental education to new heights.

We thank the many people who helped us create this vibrant, sandy Sanibel institution. It has been an extraordinary gift to see our dream take shape. We look forward to seeing how it will flourish in the future. And we know that future will be extraordinary.*

Friday Stories For Grownups

Dr. Sidney B. Simon, island storyteller, led the first Friday Stories for Grownups at the Sanibel Public Library in 2002. On Friday, January 24 at 7:30 p.m., friends of Friday Stories for Grownups are invited to attend a program at The Community House, where Dr. Simon will tell highlights from stories from 2002 to 2019.

The Community House is located at 2173 Periwinkle Way on Sanibel.*



Dr. Sidney B. Simon photo provided



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Watercolor of Bailey's General Store second entrance
image courtesy Sanibel Historical Museum and Village

Sanibel Historical Museum And Village

Landmark: Bailey's General Store

This once bayside building, now at the Sanibel Historical Museum and Village, portrays the second entrance into Bailey's General Store (Sanibel Packing Co.). Many artists have painted or drawn some vintage buildings in their



original locations – buildings that now reside at the historical village. Learn more about the history of Sanibel at the Sanibel Historical Museum and Village, 950 Dunlop Road, next to BIG ARTS. Hours are Tuesday through Saturday from 10 a.m. to 4 p.m. Guided tours take place at 10:30 a.m. and 1:30 p.m. at no additional charge, depending on docent availability. There is handicap access to the buildings. Admission is \$10 for adults over 18, no charge for members and children. For more information, visit www.sanibelmuseum.org or call 472-4648.*

Churches/Temples

ANNUNCIATION GREEK ORTHODOX CHURCH

Rev. Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. www.annunciation.fl.goarch.org, 8210 Cypress Lake Drive, Fort Myers, 472-2099.

BAT YAM-TEMPLE OF THE ISLANDS

The Reform Jewish congregation has Friday Shabbat services at 7:30 p.m. (7 p.m. from May to Sept.) in Fellowship Hall of Sanibel Congregational UCC. Rabbi Stephen Fuchs, President Barry Fulmer. www.batyam.org, 2050 Periwinkle Way, 732-780-2016.

HISTORIC CAPTIVA CHAPEL BY THE SEA

Rev. Larry Marshall. Services every Sunday 11 a.m. November 10, 2019 thru April 26, 2020. 11580 Chapin Lane, Captiva, 472-1646.

FIRST CHURCH OF CHRIST, SCIENTIST
Sunday 10:30 a.m., Sunday School 10:30 a.m., Wednesday afternoon meeting 4:30 p.m. Reading room open, Monday, Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours). 2950 West Gulf Drive, 472-8684.

SANIBEL FELLOWSHIP, sbc
Join us for Bible study and Worship Sunday 10 a.m. at Island Cinema. Call Pastor Mark Hutchinson, 284-6709.

SANIBEL COMMUNITY CHURCH
Dr. Stephen LeBar, Interim Senior Pastor
Sunday Worship: 8 a.m. Traditional in Historic Chapel; 9 a.m. Contemporary and

Children's Church in Main Sanctuary; 11 a.m. Traditional in Main Sanctuary. Childcare available at all services. www.sanibelchurch.com, 1740 Periwinkle Way, 472-2684

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. The Rev. Deborah Kunkel, Associate Pastor. Sunday worship: chapel service at 7:45 a.m. Full service at 9 and 11 a.m. with Sunday school and nursery care provided, www.sanibelucc.org, 2050 Periwinkle Way, 472-0497.

ST. ISABEL CATHOLIC CHURCH

Father Ed Martin, Administrator, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., Sunday May through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Holy Days call. 3559 San-Cap Road, 472-2763.

ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

The Rev. Alan Kelmereit, Priest-in-Charge
Saturday Eucharist 5 p.m., Sunday Eucharist 8 and 10:30 a.m., Sunday School 10:30 a.m., Tuesday Morning Prayer 9 a.m., Wednesday Healing Eucharist 9 a.m., Prayer and Potluck 1st Wednesdays 6 p.m., Taizé Service 3rd Wednesdays 6 p.m. www.saintmichaels-sanibel.org, 2304 Periwinkle Way, 472-2173.

UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the second Sunday of each month from December through April at the Sanibel Congregational Church. A pot luck is held at a member's home on the third Sunday of each month. ryi39@aol.com, 2050 Periwinkle Way, 433-4901.*



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Time Drawing Near For Sanibel Shell Festival

Shell collecting is the second most popular collecting hobby in the world. Only stamp collectors outnumber shell collectors.

Shell enthusiasts have come to the Sanibel Shell Festival from around the United States, Canada, Europe, New Zealand, India, Japan and the Caribbean in order to compete in the longest running and most prestigious competitive shell show in the country. Winning an award at this show means you have "reached the top." In 2019, ribbon winners came from 60 different cities in 23 different states and four countries.

The 83rd annual Sanibel Shell Festival will be held at The Community House Thursday through Saturday, March 5, 6 and 7. Hours are 9 a.m. to 5 p.m. on Thursday and Friday and 9 a.m. to 4 p.m. on Saturday.

What can you expect to see at the Shell Festival? Shells, of course, but not only those you might find on local beaches. Shells that come from around the world can be seen in fascinating exhibits and exquisite works of art, such as floral bouquets and the ever-popular Sailor's Valentines.

Have you ever wondered what mollusks (a live shell) eat, how they move, protect themselves or reproduce? The answers can be found in the exhibit hall, where continually playing documentaries filmed on Sanibel explain it all. In the same hall,



A blue ribbon was awarded for this sailor's valentine photos provided

books, jewelry and shells are for sale. The Authors' Table features local authors who will be on hand throughout the festival for book signings and to talk about their books with visitors.

The Community House grounds are a bustle of activity with ongoing shell crafting demonstrations. Visitors may have the opportunity to make their own shell flowers or shell animals.

Throughout the winter, volunteers meet at The Community House to sort donated seashells. If you love shells but don't have the time to look for them on the beach or clean them, head for the Shell Tent. Literally, thousands of shells are for sale and prices start at 25 cents. Large,



Exhibits in the 2019 scientific division impressive shells and fossils are also for sale.

Next door to the Shell Tent, the Sanibel Shell Crafters can be found selling shell jewelry, mirrors, flower arrangements and "shell critters." The crafters meet every Monday at The Community House throughout the year to make the objects that are sold at the festival.

The Live Tank area is where The Sanibel School sixth graders shine. For two months prior to the Sanibel Shell Festival, the students study about shells and mollusks, the animals that create the shells. If they pass the course test, they have the opportunity to share their knowledge with the visitors while they view multiple aquariums containing live mollusks.

While there is no entrance fee to the Shell Festival grounds, a \$5 donation is requested to attend the inside portion of the shell show. Anyone who makes the requested donation will also be granted a half-price admission to Bailey-Matthews National Shell Museum during the festival. The shell museum is the only one in the country dedicated solely to shells and mollusks, the animals that create shells.

All funds raised by the Sanibel-Captiva Shell Club are given in the form of grants to several local marine education and conservation organizations, and for scholarship funds at the University of South Florida and Florida Gulf Coast University Department of Marine & Ecological Science. All funds raised by the outdoor activities go to the maintenance of The Community House.

For more information visit www.sites.google.com/site/sanibelshellfestival.

From page 1

Birding Tour

Wild Level: Jim and Patty Sprinkle; Champion Level: Todd and Barbara Bluedorn, Boomer Duvin and Family; Guardian Level: Jim and Dulce Doss, Bill and Diane Valerian; Protector Level: Sarah Ashton, RE/MAX of the Islands, Mike and Terry Baldwin, Doug and Sherry Gentry, John and Kay Morse, Tiffani Kaliko and John Silvia, Ron E. and Josephine Smith, Hank and Linda Spire; Defender Level: The Gresham Family, William and Barbara Millar, Mitchell's Sand Castles; RS Walsh Landscaping, Sanibel Moorings, Stewart & Sons Insurance Inc., Bob and Kathy Weisemann.

You Are Invited!

SANIBEL COMMUNITY CHURCH

HUNTLEY BROWN
concert pianist

Sunday, January 26, 6 p.m.
in the Main Sanctuary

Huntley's music has been described as inspired, anointed, powerful and explosive. He is the pianist for Ruth Graham and Friends Ministries and also ministers with the Franklin Graham Team. People are not only impressed with his incredible technique, they are touched by his deep love for Jesus.

The concert is free with a love offering for Huntley Brown.

All are welcome, invite your friends!

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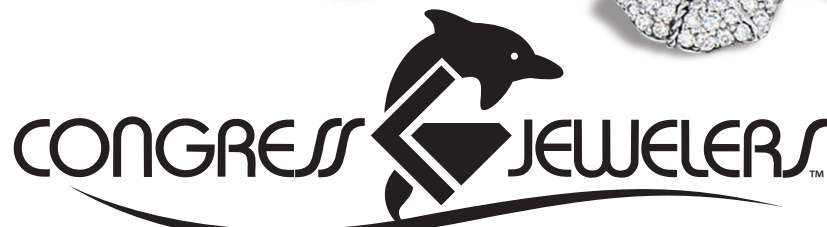
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Mayor Kevin Ruane, center, with chamber staff

photo provided

Mayor Gives Final Update At Chamber Lunch

For the past 10 years, Sanibel Mayor Kevin Ruane has kicked off the new year for Sanibel and Captiva Islands Chamber of Commerce members with a city update. At the January 15 business lunch, Ruane told members of the chamber that, “This is the last time I’ll be speaking here.” He added that he would be ending his city council term in November to pursue election to the Lee Board of County Commissioners.

The City of Sanibel hosted the meeting at the Sanibel Recreation Center with a number of employees and council members in attendance. Ruane spoke about the council’s three-pronged priority plan and the progress being made on issues concerning water quality, city finances and redevelopment.

On water quality, he spoke both as mayor and president of the Florida League of Mayors board of directors, the latter of which, he said, has elected the issue as its highest priority. Both the city and league work at the local, state and federal levels to stem the negative impact of sewer systems, fertilizers and storm-water runoff.

Locally, the forthcoming implementation of a Donax Street water reprocessing facility is one big step the city is taking. He pointed to the project

as proof of the city’s financial health, thanks to its rapidly decreasing debt in the past decade. The planned Center 4 Life relocation to the former Sanibel Captiva Community Bank and a renovation of police headquarters stand as more evidence, the mayor said.

“We are able to do all of this without an impact to taxpayers because we are retiring our outstanding debt at \$4 million a year,” said Ruane.

The city’s biggest goal in the redevelopment category is aggressively addressing the challenge of short-term rentals such as Airbnbs, where tourists are not contributing to bed taxes and might be staying in non-commercial residential areas. Council members are advocating at the state level to defeat bills that contradict their goal, he said.

“Once again, Mayor Ruane delivered a no-nonsense, business-focused overview of what our city has been accomplishing,” said John Lai, chamber president and chief executive officer. “Although we are happy to hear he is taking his financial expertise to the next government level, we will miss his annual ‘state of the city’ addresses.”

Ruane was appointed to the Sanibel City Council to serve an interim position for a vacant seat in February 2007. In May 2007, he successfully ran for a permanent position on Sanibel City Council. He was re-elected in March 2009 and appointed by his peers as vice mayor for 2009-10. In March 2010, Ruane’s peers appointed him as mayor. He is currently serving his 10th consecutive term as mayor.

Lai also announced upcoming trips to Tallahassee, where he and fellow chamber members will be advocating for water quality and the re-establishment of state tourism agency Visit Florida. “If you can, come along,” he said. “But if you can’t, know that your interests will be well represented.”

The next chamber business lunch will be held at the Sanibel and Captiva Islands Association of Realtors office on Wednesday, February 12 at 11:30 p.m.

Kiwanis Club Hears From City Director

submitted by Tom Sharbaugh

Kiwanis Club members recently heard a presentation from Keith Williams, director of City of Sanibel Department of Community Services, detailing current and future city projects. Williams’ position was created last year to oversee the combined operations of the city’s building, planning and public works functions. His talk was part of a series of interesting guest speakers who address the club at Tuesday morning breakfast meetings.

Williams came to his current position well experienced, with over 13 years of experience in public service and five years of experience in private sector land development, utility and transportation engineering. He came to Sanibel as director of public works in 2012, having previously served as city engineer for the city of Smyrna, Georgia.

In his remarks, Williams concentrated on major city projects which affect Sanibel residents, including:

A new online permitting system, coming this spring, which will streamline the application process.

A new system for licensing and regulating rentals of private homes on the island, which will prevent proliferation of non-complying short-term rentals. This will enforce Sanibel’s requirement that private home rentals be for a minimum of four weeks.

Emergency beach repairs, being made in the Santiva area near the intersection of Sanibel-Captiva Road and Pine Avenue, where severe beach erosion has been

“Ding” Darling National Wildlife Refuge Supervisory Refuge Ranger Toni Westland will be speaking about 75th anniversary goings-on at the refuge. Chamber business lunches have changed to the second Wednesday of each month in 2020.

Cost is \$27 for chamber members. Advance registration is required; walk-ins are not allowed. Register by 5 p.m. Friday, February 7 at www.sanibel-captiva.org or by calling 472-1966. Payment is due at time of registration.**



Keith Williams

photo provided

encroaching on the roadway.

A new, improved walkover bridge at the entrance to Bowman’s Beach, paid for with funds received from Lee County Visitor & Convention Bureau.

An upcoming plan for dredging of the canal entry point at Sanibel Marina.

Continued progress of improvements to the Donax Water Treatment Facility, which when completed will increase its capacity and improve the quality of treated water released from the plant. Completion of this project is expected in early 2021.

Kiwanis of Sanibel-Captiva is a service club committed to providing educational and recreational support for the children of Sanibel and Captiva. The club holds breakfast meetings each Tuesday at The Dunes Golf and Tennis Club. Breakfast starts at 7:30 a.m. and the meeting begins at 8 a.m. Those interested in joining can visit www.sanibelkiwanis.org or call 677-7299.**

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The Islands of
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Table parent Cheryl Welke preps Pierce Padgett for his chance to crack open the piñata
photos provided

Fun-Filled Fiesta Night For Youth Ministry Students

submitted by Jamie Senkeleski

The LOGOS youth ministry students recently celebrated Piñata Fiesta night recently at Sanibel Community Church. The program was in full swing, no pun intended. The children had a blast with piñatas galore hanging from the rafters. Treasures and treats exploded out of the piñatas as they were being cracked open. Preschool through fifth grade students each had a chance to be blindfolded and swing at the festive piñatas. The table parents kept a sharp eye in keeping safety first.

After a night of crafts, recreation, Bible time and tacos for dinner, the children were ready for a siesta.

The LOGOS group meets at Sanibel Community Church every Wednesday night from 3:30 to 7 p.m.

If you have a child that is pre-kindergarten to fifth grade and are interested in finding out more about the



Table parent Garv Shankster promotes safety first with preschooler Andy Sultz while Levi Arlington waits for his chance to swing at the piñata

program, contact Holly Patton-Roark at 472-2684.

Sanibel Community Church is a non-denominational congregation, located at 1740 Periwinkle Way.✪



Daniel Tison taking a shot at the lime piñata

Recycled Book Sale This Sunday

The popular Recycled Book Sale at Sanibel Congregational United Church of Christ will open to the public on Sunday, January 26 from 12:30 to 2:30 p.m. Included in the sale will be gently used books, CDs, DVDs, jewelry and small gift items. Most of the books are priced from 50 cents to \$1 except for newer or special editions.

Proceeds from the sale will be donated to local nonprofit agencies.

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way, across from Periwinkle Place shopping center.✪



Barbara McClure supervises the checkout desk at the Rookery Bookery
photo provided

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OBITUARY



CATHERINE WILSON SUTHARD

Catherine Wilson Suthard, 74, of Sanibel, Florida, formerly of Lake Forest, Illinois, passed away on January 18, 2020. She was born on November 22, 1945 to Thomas Carlile and Nancy Noyes (nee Grover) Wilson in Columbus, Ohio.

Cathy was an avid tennis and bridge player, devoted grandmother, mother and wife. Everywhere she went, she

was making friends.

She is survived by her loving children Lindsay (Louis) Nero and Andrew (Jennifer) Suthard; loving grandmother to Emory and Maizy Nero. She was preceded in death by her husband Michael Lenzy Suthard.

A memorial service will be held on Friday, January 24, 2020 at First Presbyterian Church of Lake Forest, 700 Sheridan Road, Lake Forest, IL 60045. Memorial contributions may be made to Lake Forest Hospital Women's Board, https://www.lfh.org/womens_board in loving memory of Catherine Wilson Suthard.✱

Grief Support Group Meetings At Sanibel Church

Sanibel Community Church is offering GriefShare sessions on Tuesdays through March 31 in the main sanctuary. They are open to everyone who has lost a loved. The program features a video, book, discussion and support. Refreshments will be served.

Sanibel Community Church is located at 1740 Periwinkle Way. For more information, contact Maryelle Pavelka at 850-4221 or Robert Adams at 408-569-5440.✱

Our email address is press@islandsunnews.com

Catholic Group Helping Others



From left, Dottie McGovern, Gerry Risch, Andrew Jacob, Suzie Cullen, Judy Risch, Sandra Dalbec and Karen Sartoris with baby items collected for Guadalupe Social Services

photo provided

The SanCap Catholics, a new independent group of area Catholics, held its first official function filling the Sand Dollar restaurant on January 16. The Right To Life Baby Shower and Breakfast was attended by 80 members who heard Fr. Joseph Cavoto, OFM, of New York City's Church of St. Francis speak about protecting people in all stages of life, as well as the current state of the post-Vatican II Catholic Church.

The group, which stresses the need for involvement by both Catholic women and men, began its first fundraising season with women supporting Guadalupe Social

Services by collecting baby items such as diapers, clothing and wipes, along with shirts for migrants and toiletries for their homeless shower program. The men attending collected over \$700 to provide razors, socks and men's undergarments for the Guadalupe Homeless Program.

The breakfast was the first of many events scheduled to help the area's charitable programs. There will be a lobster dinner next month and an Italian Fiesta in March. All are welcome. Those interested in attending SanCap Catholic events can contact Dottie McGovern at sanibeldot@aol.com.✱

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DETAILS AT FLYFILMTOUR.COM

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Kristian Schafer showing off his kicking skills in the competition photos provided

Super Bowl Bash Brings Fun For The Family

Sanibel Community Church will host its annual Super Bowl Bash in the back field of the church campus on Sunday, February 2 – Superbowl Sunday – from 3:30 to 8:30 p.m. The bash includes free hotdogs, chips and drinks plus free popcorn and snow cones for the entire family. Activities will include a punt, pass and kick competition; two-hand touch football game for all ages and skill levels; corn hole tournament; football toss; and chili cook-off. New this year will be European football – a short-sided, five-on-five soccer tournament.

The event is free and is open to all ages. Younger children will have an opportunity to play activities and games suited for their age level. Trophies and prizes, which include gift cards to Joey’s Custard, Doc Ford’s, The Pecking Order, Jerry’s Market and Speedway, will be awarded for the winners off the football toss; punt, pass and kick; cornhole tournament; and chili cook-off.

The first half of the big game will be



From left, Zachary Alonso, Case Vandavelde, Kristian Schafer, Jeffrey Markle and Jayden Alonso with their winning trophies and prizes from last year

played on the big screens in the main sanctuary.

Sanibel Community Church is located at 1740 Periwinkle Way. For more information, visit www.sanibelchurch.com.



Teens verses adults in two-hand touch football

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10 am & 11:15 am Sanibel Yoga

FRI. JANUARY 24

7:30 pm Stories for Grownups
by Dr. Sid Simon

FRI. JANUARY 24

1 pm Line Dancing w/ Marie
7:30 pm Stories for Grownups
by Dr. Sid Simon

MON. JANUARY 27

2 pm Art Journaling w/ Paulette

TUES. JANUARY 28

9:30 am Letting Loose w/
Watercolors & Shells by Anita
1 pm Yoga Nidra

FRI. JANUARY 31

**5:30 pm The Community
House Gala**

MON. FEBRUARY 3

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An alligator head made entirely of shells
photos provided

Students Encouraged To Enter Shell Show

The Sanibel-Captiva Shell Club is encouraging students of kindergarten age through high school to enter the Sanibel Shell Show this year. An entry can be something the student has created with seashells, like a shell-covered picture frame, or a single shell or group of shells that they have collected.

There are also spots available for adult entries in both the scientific and artistic divisions.

There are four student classes in the show. Two are classes in the artistic division for items that have been made from seashells or sea life. There are also two classes in the scientific division, where students can enter a single shell or a group of shells scientifically displayed. Students may have found these shells themselves or they may have acquired them by some other manner, such as a gift.

One class in each division is for students who are in kindergarten through sixth grade and the other class is for students in seventh grade through 12th grade.

The only criteria for entering a shell



Display of junonias from last year's show

or shells in the scientific division is that they must be in a container that has a transparent cover, and that there is a card accompanying each shell. This card includes the name of the shell and some additional information described in the entry materials, which are available online at www.sites.google.com/site/sanibellshellshow.

Club members are standing by to assist the students. They will help them find the information necessary for their cards and loan them a case to exhibit their shell or shells, if they need one. They will also give advice regarding artistic creations.

Students have plenty of time to head to the beach and see how many different shells they can find or start creating something from shells. Student photography of shells and sea life and needlework can also be entered.

There are ribbons to be won in the four different student classes at the show. In addition, there is the Elsie Malone Award given to the best student scientific exhibit and the Daniel E. Malone Award given to the best student artistic exhibit. The Shell Show will be held at The Community House Thursday to Saturday, March 5, 6 and 7.

For more information, entry forms and assistance, contact Joyce Matthys at joycematthys1@gmail.com or 503-871-1082.✱

Volunteers Needed To Help Pack Meals

The 2nd annual Sanibel Community Feed My Starving Children (FMSC) Mobile Pack event will be held on Friday, January 31 and Saturday, February 1 at Sanibel Community Church. Packing the dehydrated, nutritious, rice-based meals is done in five two-hour sessions. Friday sessions are from 1 to 3 p.m. and 3:30 to 5:30 p.m. Saturday sessions are from 8:30 to 10:30 a.m., 11 a.m. to 1 p.m. and 2 to 4 p.m.

FMSC is a Christian nonprofit hunger relief organization that used 1.3 million volunteers to help pack 365 million meals in 2018. These meals are shipped to over 80 countries and are used by mission and community organizations, orphanages, schools, medical clinics and other NGOs to feed millions of starving children and adults. Sanibel Community FMSC Mobile Pack has committed to recruiting 940 volunteers to pack 202,000 meals with a \$45,000 budget. Ninety one percent of all monies donated goes to purchase of food and FMSC has a 99.8 percent success rate in shipping the containers of food to its distributors over all the years.

All are welcome to come to one or more sessions to pack. This event is a great family outing (children ages 5 years and older) and an opportunity to learn to serve others. To volunteer online for the sessions, go to www.give.fmsc.org/sanibel. To donate online, go to www.give.fmsc.org/Sanibel. By check, make out to Feed My Starving Children, 401 93rd Ave. NW, Coon Rapids, MN 55433. Please put Sanibel Mobile Pack 2001-19NO on memo line. You can also bring your check, credit card or cash to one of the packing sessions. Volunteers are also asked to bring a non-perishable food item for FISH of SanCap.

For more information, call Karen Lawrence at 312-4926 or Dave Truelsen at 847-305-9175. Sanibel Community Church is located at 1740 Periwinkle Way.✱



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This invasive carrotwood volunteered years ago and has obviously been accommodated ever since

photos by Gerri Reaves

Plant Smart

Be Careful What You Welcome

by Gerri Reaves

Volunteer fast-growing trees can sometimes present a dilemma to homeowners.

If they don't cost time or money, require no maintenance and offer the promise of shade, what's the problem?

There might not be one, but before you extend the welcome mat to that tree, check out its reputation so you don't find yourself lavishing your tender-loving care on an invasive species.

For example, the carrotwood tree (*Cupaniopsis anacardioides*), shown in the photo was evidently welcomed by an unwary homeowner.

This category-1 invasive species



The size of this carrotwood tree in a 1980s development is expensive to remove

volunteered, grew fast and its space was respected when the mower passed by. Now it's small-tree size.

Carrotwood is but one of many ornamental plants introduced decades ago for South Florida's residential landscapes before the threat of invasive exotic species was fully realized. Such trees are most common in older developments.

Decades ago, the priority in new developments was to install pretty, fast-growing species to create a shady lush landscape ASAP.

Today, we are dealing with the consequences, which includes spending millions in state funds to rid the landscape of them.

In addition to carrotwood, bishopwood (*Bischofia javanica*), melaleuca (*Melaleuca quinquenervia*) and laurel fig (*Ficus microcarpa*) are other common category-1 invasives frequently found in old Florida yards.

Such species, according to the Florida Exotic Pest Plant Council (FLEPPC), "are altering native plant communities by displacing native species, changing community structures or ecological functions, or hybridizing with natives."

This determination is based "on the

documented ecological damage caused."

If that's not enough, their seeds are easily spread by wildlife. And, they cause more tangible damage. For example, laurel fig's roots are known for invading water lines and threatening sidewalks and building foundations.

When a pretty unidentified plant shows up or when you purchase a new home complete with mature shade trees, it's tempting to let things be. But find out if the tree is friend or foe.

Carrotwood has some easy markers. If you catch it as a seedling and pull it out by the roots (no easy task!), the root

will be orange and carrot-like. The leaves are wavy and the clusters of fruit are yellow-orange.

To identify other trees you think might be invasive, consult these two sources for a start: FLEPPC's website at www.eddmaps.org/florida, or the Lee County Extension Services at www.leegov.com/parks/extension.

If you have to eliminate a tree, consult your local native plant nursery for help with replacing it with a native or Florida-friendly one.

*Plant Smart explores the diverse flora of South Florida.**

California's Water Heist Topic Of Film Series

Water & Power: A California Heist explores the truth and corruption behind the California drought. The 8th annual "Ding" Darling Wednesday Film Series continues its biweekly showings in the JN "Ding" Darling National Wildlife Refuge Visitor & Education Center on February 5 with a free airing of the documentary at 1 p.m.

The 87-minute National Geographic film reveals how water barons have found ways to structure a state-engineered system to their own advantage and how small farmers and everyday citizens face a new, debilitating water crisis.

Corporate manipulation in the 1990s, illicit water transfers and the rise of luxury crops in California have led to the reality that water is the new oil, *Water & Power* points out. As it becomes less accessible, it is rapidly growing more valuable.

"Ding" Darling Wildlife Society-Friends of the Refuge hosts the free film showings with sponsorship from Sanibel Captiva Beach Resorts. Seating is limited and on a first-come basis.

The full schedule of the film season's showings include:

February 5: *Water & Power: A California Heist*

February 19: *BLUE*

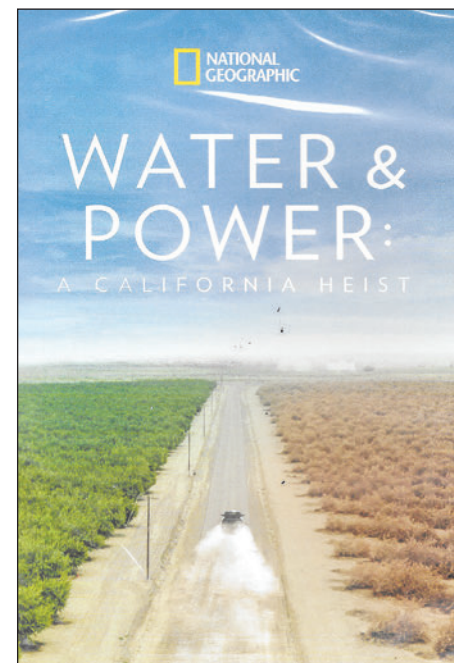


image provided

March 4: *Ghost Bird*

March 18: *The Swamp*

April 1: *Bird of Prey*

A short discussion follows each 1 p.m. film to allow visitors to gain more from their documentary-viewing experience by listening to other people's points of view and analyzing what they just watched. For full descriptions of the films, visit www.dingdarlingsociety.org/articles/lecture-and-film-series.*

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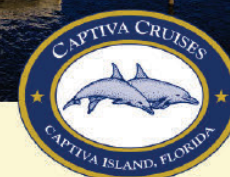
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Get The Cold Weather Gear Out Again



by Capt. Matt Mitchell

After almost a full week of 70-degree-plus warm water snook fishing, the strongest cold front of this winter is forecast to arrive. So far this January, we have only had a

few very brief cold snaps and have been setting record-high temperatures with many days reaching into the 80s. Cast netting shiners to snook fish in mid-January is just not a normal winter for us. While fishing around Redfish Pass this week, I saw hundreds of snook over the shallows while targeting sheepshead on docks. It's usually one species or the other.

Cold fronts are just a normal part of our winter fishing, though the up-and-down temperatures can make working out a pattern a little tough. A few rules of thumb this time of year include 70-degree water temperature as the tipping point. At 70 degrees or above, you should shiner fish. When it's below 70, shrimp fish. The colder the water, the smaller and slower I fish the bait. During the coldest periods, a chunk of shrimp threaded on a jig head will catch fish when nothing else will.

Snook fishing was outstanding this week with some amazing action fishing close to home in and around St. James City. Clients caught and released fish up to 30 inches on several trips along with quite a few redfish. Pitching live shiners was the method of choice on deeper mangrove shorelines with moving tide. Many of the small cuts between mangroves islands that had the faster current were the hot spots.

Clients looking for food fish will do much better after this next cold front as sheepshead fishing has ground to a slow halt with warming water temperatures. We did catch a few really large sheepshead this week, though in the warmer water it's hard to keep a shrimp on a hook around docks as a wide variety of other smaller species steal it. We did find a pretty solid black drum bite this week with fish between 18 to 24 inches being extremely common.

Though trout remains closed, the action is getting more and more consistent with lots of bigger trout being caught around the St. James hump and Picnic Island. The old standby of live shrimp under a popping cork was hard to beat for these trout. Many of these trout measured between 18 to 22 inches and made completing the "Pine Island Slam" easier than it has been.

With the next 10 days of weather forecast to not get out of the mid 70s, water temperatures are going to drop drastically. February is always one of our best months for sheepshead fishing, and this should hold true. Expect the biggest wave yet of winter pre-spawn sheepshead to push into the sound as we see low 60s for water temperatures.



Bigger snook were more common this week as water temperatures reached the mid 70s photo provided

Being able to go fishing with just live shrimp and come home with dinner is never a bad thing.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel

in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.✪

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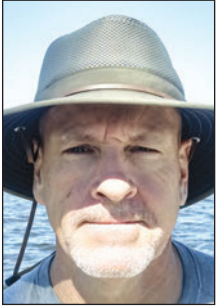
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Dave Doane

CROW Case Of The Week:

Cattle Egret

by Bob Petcher



The cattle egret (*Bubulcus ibis*) is a smaller heron with a short yellow bill. It has colonized in many continents such as Africa, northern South America, Australia, Oceania and North America.

While many egrets are water birds, this species of egret prefers to hang out in agricultural areas. It is so-named due to its

inclination to forage around livestock for insects and its allowance to perch and ride on cattle while dining on ticks and other bugs. Its flexible diet also includes other smaller birds such as warblers.

At CROW, an adult cattle egret was admitted from Cape Coral after it was discovered with its leg caught in a rat trap. On exam, the patient had bruising and lacerations along the left lower leg and foot with a full thickness wound on the tibiotarsus, exposing underlying structures including bone.

"The patient was very fortunate to have sustained no fractures. However, the skin overlaying the tibiotarsus, one of the bones in a bird's leg, was cut down to the bone, and the third digit of the left foot was also lacerated," said Dr. Mariah Lancaster, CROW veterinary intern.

Veterinarians performed blood work, full radiographs and wound care, which included surgical closure of the tibiotarsus wound under general anesthesia. Other wounds were cleaned with alcohol and a triple antibiotic ointment was applied.

"The wounds were cleaned with a dilute chlorhexidine solution, and then dried using sterile gauze. The tibiotarsal laceration was closed with



Patient #20-77 is standing well and taking in nutrition with an anticipation for a release in the near future

photo by Brian Bohlman

sutures, which were later removed as the wound healed. The laceration on the toe was closed with skin glue, however, due to the high mobility of the area, it

repeatedly opened and required repeated bandaging," said Dr. Lancaster. "The bandages protecting the wounds have been removed, and the skin is now continuing to heal without daily bandage changes."

The patient knew to keep off its feet during his initial stay, which began January 9.

"Initially, the egret was limiting its own activity due to its discomfort. It sat on its hocks, and then slowly began to stand on its feet over the next 24 hours," said Dr. Lancaster. "It is now standing and moving around normally. There was no need to limit the bird once the skin began to heal well."

The patient was given pain medications and started on antibiotics to ward off infection.

"The bird was started on antibiotics on day one, so no infection has taken hold," said Dr. Lancaster. "Once the skin has healed over, a recheck white blood cell count is planned to ensure there is no sign of systemic infection or inflammation, then the bird will move outside to prepare for release."

After a couple more days of rest, the patient's prognosis is looking better. A full recovery is expected, and a release to its home site in Cape Coral is anticipated.

"The bird is continuing to do well in the hospital and will be moved outside once the skin has sufficiently healed. We are hopeful the skin will continue to heal well and there will be no permanent damage," said Dr. Lancaster. "Due to the duration of time spent indoors, a short period of outdoor rehabilitation will be needed; however, we anticipate the bird will move swiftly towards release once it reaches that stage of recovery."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a nonprofit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

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Shell Of The Week

Gulf Stream Top Snail



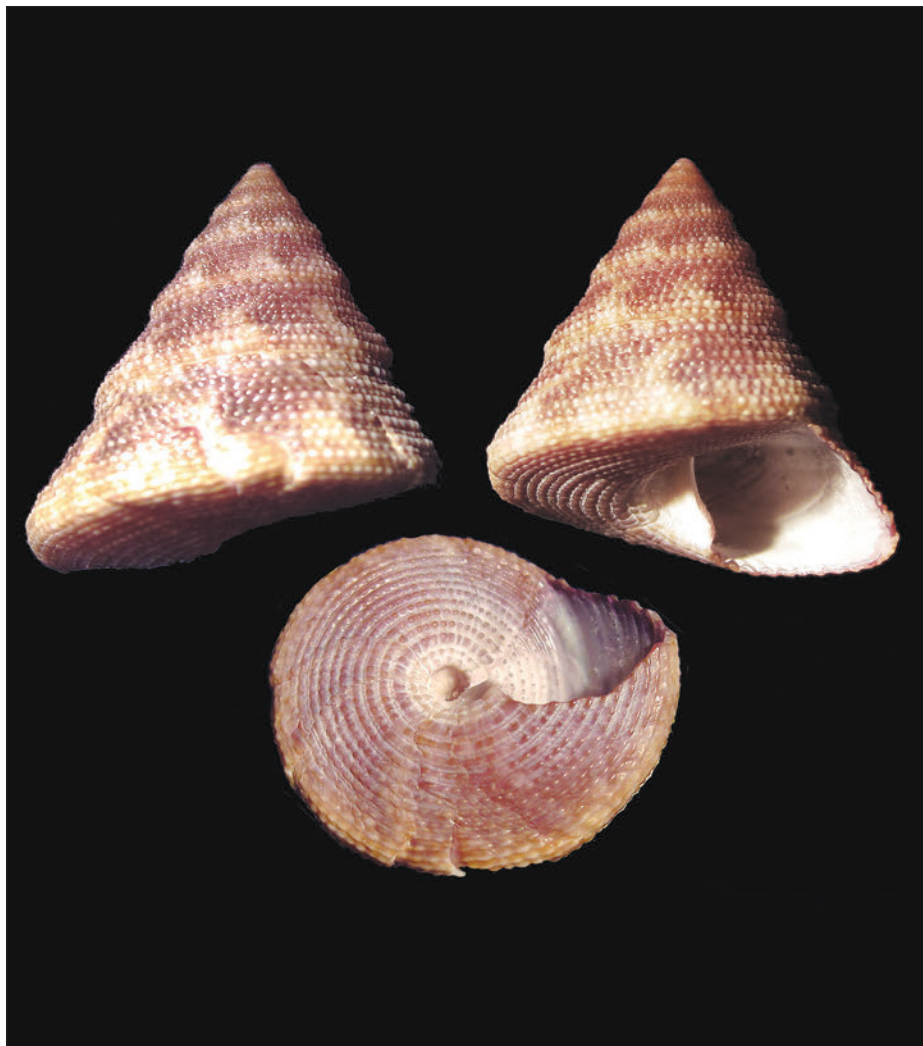
by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

Calliostoma scalenum Quinn, 1992 is a locally rare top snail that can reach up to 40 mm in

parts of its distribution range. The shell bears a sculpture of spiral cords of two different widths, with symmetrical rather than spirally elongate beads. The shell color ranges from light chestnut-brown to red-brown, with the umbilicus and aperture of lighter color. The species lives in deeper water than the relatively similar *Calliostoma tampaense*. Only one shell of this species (photo) has been on record so far as found on Sanibel-Captiva beaches. It was collected by Len Geyer in early 2015 at the Lighthouse Beach. Read more about mollusks and their shells at www.shellmuseum.org/shell-guide and www.shellmuseum.org/blog.

The museum is open! The aquarium is scheduled to open in March 2020. See updates at www.shellmuseum.org.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.



The Gulf Stream Top Snail, *Calliostoma scalenum*

photo by José H. Leal

American Legion Post 123

American Legion Post 123 is serving barbecued ribs and chicken this Sunday, January 26 from noon to 8 p.m.



A membership drive will be held at Bailey's General Store on Sunday, January 26 from 10 a.m. to 2 p.m. Veterans and family members are invited to stop by and join Post 123.

A Welcome New Members gathering will be held on Sunday, February 2 with live music by the Marty Stokes Band from 2 to 5 p.m.

The third Thursday of the month is Open Mic Night from 6 to 9 p.m.

The 9 Ball pool tournament begins at 5 p.m. on Monday nights.

On Tuesdays, tacos are served all day. Spaghetti and meatballs are served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

If you have a flag that needs to be retired, you can drop it off at Post 123.

Post 123 is located at mile marker 3 on Sanibel-Captiva Road, open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. For more information, call 472-9979.

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CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact the Visitor Education Center at 472-3644 ext. 229 or reservations@crowclinic.org. Hours are 10 a.m. to 4 p.m. Monday through Friday. Daily presentations and Wildlife Walk hospital tours are offered Monday through Friday at 11 a.m. CROW is located at 3883 Sanibel-Captiva Road.

Friday, January 24, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff. Not recommended for children under the age of 13. Photography opportunity with an animal ambassador.

Friday, January 24, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Why Animals Come to CROW (daily presentation).

Friday, January 24, 2 to 3:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff. Not recommended for children under the age of 13. Photography opportunity with an animal ambassador.

Friday, January 24, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3



and under: no charge – Patient Profiles: Wading Birds (daily presentation). One of CROW's animal ambassadors will be present.

Saturday, January 25, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff. Not recommended for children under the age of 13. Photography opportunity with an animal ambassador.

Saturday, January 25, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Baby Care at CROW (daily presentation).

Saturday, January 25, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Species Profile: Snakes of Southwest Florida (daily presentation). One of CROW's animal ambassadors will be present.

Monday, January 27, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff. Not recommended for children

under the age of 13. Photography opportunity with an animal ambassador.

Monday, January 27, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Patient Profiles: Birds of Prey (daily presentation). One of CROW's animal ambassadors will be present.

Monday, January 27, 2 to 3:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff. Not recommended for children under the age of 13. Photography opportunity with an animal ambassador.

Monday, January 27, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – CROW Case of the Week (daily presentation). One of CROW's animal ambassadors will be present.

Tuesday, January 28, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff. Not recommended for children under the age of 13. Photography opportunity with an animal ambassador.

Tuesday, January 28, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Patient Profiles: Virginia Opossums (daily presentation). One of CROW's animal ambassadors will be present.

Tuesday, January 28, 2 to 3:30 p.m., \$25 per person, advance registration with payment required

– Wildlife Walk with Rehabilitators and Staff. Not recommended for children under the age of 13. Photography opportunity with an animal ambassador.

Tuesday, January 28, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Species Profile: Snakes of Southwest Florida (daily presentation). One of CROW's animal ambassadors will be present.

Tuesday, January 28, 4:15 p.m., adults: \$10, teens: \$5, age 12 and under: no charge. Advance registration recommended – Speaker Series presented by LCEC: Living with Burrowing Owls (seasonal program) with Beverly Saltonstall, volunteer for Cape Coral Friends of Wildlife.

Cape Coral has the largest population of burrowing owls (*Athene cunicularia floridana*) in Florida, with an estimated 1,000 nesting pairs and an upwards of 2,500 burrows within the city limits. While the owls are quite tolerant of humans, their homes are still being threatened. Learn about their habitat and hunting characteristics so you can cohabitate with this remarkable species.

Wednesday, January 29, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Wildlife Rescue 101 (daily presentation). One of CROW's animal ambassadors will be present.

Wednesday, January 29, 2 to 3:30 p.m., \$25 per person, advance registration with payment required –

continued on page 22



Grammar Dot's



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Burrowing Owls Topic Of CROW Speaker Series



Burrowing owls photo provided

The Clinic for the Rehabilitation of Wildlife (CROW) weekly Speaker Series presented by LCEC continues on Tuesday, January 28 with Living with Burrowing Owls by Beverly Saltonstall, volunteer for Cape Coral Friends of Wildlife. Speaker Series programs begin at 4:15 p.m. in the CROW Visitor Education Center, located at 3883 Sanibel-Captiva Road. Cape Coral has the largest

population of burrowing owls (*Athene cunicularia floridana*) in Florida, with an estimated 1,000 nesting pairs and an upwards of 2,500 burrows within the city limits. While the owls are quite tolerant of humans, their homes are still being threatened. Learn about their habitat and hunting characteristics so you can cohabitate with this remarkable species.

Admission is \$10 for adults, \$5 for teens (ages 13 to 17) and no charge for children age 12 and under. Space is limited, so advanced registration is recommended. Each program is approximately one hour in length.

CROW's 2020 Speaker Series presented by LCEC features weekly talks and runs through April 14. For a full schedule of talks, more information or to register in advance, visit www.crowclinic.org/articles/2020-speaker-series-presented-by-lcec.

Chef Specials Revealed For 1927 Gala

The 1927 Gala being held by the Sanibel Community Association (SCA) at The Community House on Friday, January 31 at 5:30 p.m. promises to be a night to remember. The evening will include appetizers provided by eight local restaurants and caterers, seven special live auction items and live entertainment.

There will be a wide selection of

seafood appetizers with ahi tuna from Traders, crab cakes from Doc Ford's, Asian nachos from The Jac, shrimp cocktail from Lazy Flamingo and lobster and shrimp wontons from The Island Cow. For those land lovers, there will be bacon-wrapped chorizo stuffed dates provided by Paper Fig Kitchen, Trip Tip Slider by The Jac, Carne Asada Skewers and Thai Chicken Curry Cups by Savour Catering. For vegetarians, there will be Asparagus Cigars prepared by Chef Jeramie Campana of Paper Fig Kitchen. Restrictions for the four seated courses may be accommodated if noted beforehand.

Servers and kitchen staff are being provided by Gramma Dot's, Malia Island Fusion Cuisine, Paper Fig Kitchen, Savour Catering, The Island Cow and The Timbers. The individuals who will volunteer their time with the kitchen are Fred Bondurant, Clare Harris, Shelly Maynard and Becky Mulka.

While diners enjoy Pici Pasta Arrabbiata by Loretta Paganini, they will have an opportunity to bid on an eight-night tour of the harvest wine regions of Italy with Paganini. Another item guests will have the chance to win is a tour of the entire Robert Rauschenberg estate for 10 people, topped off with a glass of wine. Other items will include dining experiences by Melissa Donahue of Sweet Melissa's, SCA Resident Chef Jarred Harris, Cielo and Malia Island Fusion by Chef Jeff Samson. The SCA Kitchen Guild will also provide a dessert a month for the year.

For tickets, call 472-2155 or visit www.sanibelcommunityhouse.net. The

Community House is located at 2173 Periwinkle Way on Sanibel.✱

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CROW Calendar

Wildlife Walk with Rehabilitators and Staff. Not recommended for children under the age of 13. Photography opportunity with an animal ambassador.

Wednesday, January 29, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Patient Profiles: Virginia Opossums (daily presentation). One of CROW's animal ambassadors will be present.

Thursday, January 30, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff. Not recommended for children under the age of 13. Photography opportunity with an animal ambassador.

Thursday, January 30, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Patient Profiles: Gopher Tortoises (daily presentation). One of CROW's animal ambassadors will be present.

Thursday, January 30, 2 to 3:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff. Not recommended for children under the age of 13. Photography opportunity with an animal ambassador.

Thursday, January 30, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – CROW Case of the Week (daily presentation). One of CROW's animal ambassadors will be present.✱

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*After we receive your commitment, we will email you to get the language you prefer on your engraved brick(s).
Please return to the Bailey-Matthews National Shell Museum at **P.O. Box 1580, Sanibel FL 33957**.
You may also contact Melanie Moraga at 239-395-2233 or mmoraga@shellmuseum.org



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The TIOF board, James Schnell (back) and, from left, Carol Smith, Susan Tucker and Kathryn Brintnall photo provided

Volunteer Nest Monitors Attend Meeting

More than 40 people attended a volunteer meeting for nest monitors for The International Osprey Foundation (TIOF) on January

7 at The Community House. The nesting season is under way and runs through May or June. Teams monitor more than 70 nests on Sanibel and others on Fort Myers Beach and Captiva. Keeping tabs on nest productivity is important as the osprey is an apex predator and an indicator of water/environmental quality. James Schnell, TIOF treasurer,

told the group about the ongoing nest maintenance program and what has been done and still needs to be done. Some 15 nest sites were reported as needing maintenance in the past year; 10 platforms were replaced in the past six months; 15 platforms have been made to a new design by volunteer Jim Columbo and replaced; and three sites will require a new pole as well as platform repair. Carlos Hernandez and his crew from Fort Myers have been donating their labor to install the new platforms, Schnell noted. Those unable to attend the meeting but who are interested in volunteering may contact Carol Smith, nest monitor coordinator, at 815-474-9281.✧

Construction Resumes At The Island Store

submitted by Calli Johnson, Bailey's General Store

The much anticipated exterior and interior renovations of The Island Store on Captiva have resumed. After the contractors found significant deterioration of the building's structural components during demolition, structural engineers were called in to assess the damage and draft plans to ensure the structural integrity of the building. With the plans in place, the contractors are back at work and

diligently following the engineer's expert specifications. Unfortunately, due to the significant structural issues, a timeline on completion is impossible to predict. Community members should know RLR Investments, the owner, and Bailey's General Store, the operator, are working to reopen the business as quickly as possible. Bailey's understands this leaves a significant gap in the amenity offerings on Captiva. Fortunately, they are prepared to serve you from Bailey's General Store on Sanibel, which provides delivery services everywhere on Captiva and can even stock your home or rental before you arrive. RLR Investments and Bailey's General Store would like to thank the community for their patience during this project. Rest assured, upon completion, the store will reopen as the same, quaint island store that shoppers have come to know, love and count on, year after year.✧

Local Named To Dean's List

Hannah Alston Fay has been named to the Fall 2019 Dean's List at Wofford College in Spartanburg, South Carolina. Fay is from Sanibel, Florida. To be named to the Dean's List, a student must be enrolled for at least 12 semester hours of graded courses and attain a semester grade point average of 3.6 or higher.✧

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Overlooked Paddling Essentials



by Kealy McNeal

Outdoor adventures like kayaking are almost always a good time. However, having the right equipment and gear can turn a good trip into a great trip.

Kayaking at its core only requires a kayak, paddle and a PFD, but is it that simple? Yes and no. Here are a couple essentials that are often overlooked when planning a paddle.

Polarized sunglasses are essential for being on the water in the bright sun. The reflections and glare created on the water can be very intense. A good set of polarized sunglasses will enable you to take in the sights both above and below the water's surface. Having a good set of polarized sunglasses will

make sure you can have an enjoyable paddle with minimal eye strain.

Foot protection is particularly important when entering or exiting the water. Popular launch and exit locations for kayaking or canoeing are often risky to traverse barefoot – be on the lookout for rusty fishing tackle, broken glass, sharp tin cans, in addition to natural risks like oysters shells or barnacle-encrusted rocks. Wearing water shoes gives you extra peace of mind entering and exiting your kayak, and also improves grip on slippery surfaces.

Worrying about your car keys can lead to a lot of anxiety on the water. We recommend getting a small watertight container or dry bag that can be clipped to your kayak with a carabiner. Not only will your keys be kept secure, but you won't lose them entirely in the event of flipping over. Many people have used plastic zip-top bags only to lose the entire bag, despite the bag keeping their keys and electronics waterproof.

*Ocean Tribe Outfitters is a branch of Sanibel Sea School that helps the local paddling community better explore, enjoy and understand the ocean. Visit www.oceantribeoutfitters.org, or follow us on Facebook and Instagram.**

Audubon Bird Walk At Refuge



Tri-colored heron photo by Sam Huntington

The next bird walk of the Sanibel-Captiva Audubon 2020 season will be held at the JN "Ding" Darling National Wildlife Refuge on Saturday, January 25 at 8 a.m. Meet in the overflow parking lot to the left as you drive in.

The bird walks are open to the public and all levels of experience. Refuge fees will apply. The Duck Stamp and Federal Senior Pass are accepted.

The JN "Ding" Darling National Wildlife Refuge is located at 1 Wildlife Drive on Sanibel. For more information, visit www.san-capaudubon.org.*

Shell Found



Doug Rezac and Capt. Brian Holaway

photo by A. Ziehl

Capt. Brian Holaway found a junonia on Cayo Costa. He was with Doug Rezac from Nebraska. Holaway said, "I took the day off to show a friend around and found this junonia."*

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Island Currents

Following The Island Currents



by Kathy Kurtz Ferrari
I don't know about you, but I find myself at **Bailey's General Store** nearly every day. Whether it's a gallon of milk or a bathroom rug, the store has almost everything.

"Francis (Bailey) used to say, 'If you can't find it here, you don't need it,'" said Roni Martorelli, who has worked at Bailey's for 30 years, remembering one of the legendary members of the family who established the store.

"Bailey's is an icon, it's a landmark, really, on this island," Martorelli added.

While the grocery side of the store is fully stocked with most everything one would expect, the hardware side is an experience all its own.

"You can get virtually anything and everything here," Martorelli said. And being in charge of the hardware section's housewares department, she speaks with authority.

As an example, during my recent visit, she assisted customers looking for reading glasses, garden equipment and reusable metal straws, all over the course of a few minutes.

Of course, there are all kinds of tools



Roni Martorelli, left, helps customer Susan Sweetser find an item at Bailey's hardware store
photos by Kathy Kurtz Ferrari

and typical hardware equipment, but I enjoy browsing the aisles, which are full of surprising items like beach gear, fishing equipment, toys, sporting goods, paints, gardening tools, bicycles, grills, vacuums, outdoor furniture, bar ware and kitchen gadgets. One time I went in to buy an extension cord and came out with lots of other things. (Oh! I need some of these thermal wine glasses, and one of these decorative pillows. I like this cutting board. And that hat is cute. I need some tennis balls. I should get a phone charger for the car...)



Roger Hartley and Mark Huguenin work in the service area at Bailey's hardware section

Martorelli enjoys sharing little "tricks of the trade," as she calls them, with customers. Did you know a mint scented solid air freshener is a great way to keep palm rats away from your car? (I bought two!) And relief from the itch of no-see-um bites is old fashion witch hazel.

"Everybody in the store here works as a family. We all help each other out, and we're all experts in our own way. We all have our little niche," Martorelli said, mentioning fellow employees, including manager Jim Glasgow, who oversees a great crew; Roger Hartley in the service area, who can "fix anything," from lamps

to vacuum cleaners; Harold Castona in lawn and garden; Karen Pickens, the home décor and giftware expert; and many others.

"It's been a great experience in here," Martorelli said with a big smile, noting how much she enjoys seeing familiar faces as well as meeting new people. "Every day, there are so many wonderful people, and we're always here to help you."

Bailey's General Store, located at 2477 Periwinkle Way, is open daily from 7 a.m. to 9 p.m. Visit www.baileys-sanibel.com/sanibel-captiva-hardware or

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call 472-1516 for more information.

Another business at Bailey's Shopping Center is on its way to becoming an island icon.

The Sanibel Sprout is a unique foodie destination. With its message of healthy eating, (listen up, you doubters) this café has gained notoriety among more than the Earthy-crunchy crowd.

Serving breakfast, lunch and dinner with indoor and outdoor seating, The Sanibel Sprout is vegan, organic and nearly gluten-free.

The menu includes healthy variations of soups, salads, sandwiches, pasta dishes and even nachos. It's also a smoothie and juice bar and even has amazing looking pastries and desserts that seem like they can't be good for you – but surprisingly are!

The Sanibel Sprout serves coffees, teas, "exotic iced lattes" (I'm intrigued), organic wines and craft beers.

Chef/owner Nikki Rood is passionate about food and the message of "mindful eating."

As a classically trained chef who also taught yoga and worked as a massage therapist, she went on to study vegan cuisine and learned to look at food as medicine.

"I see massage therapy which is the healing touch, and yoga which is healing movement, and healing food which is nourishment from the inside out, as a triumvirate that all work together," Rood said during a rare break at the café.

Although she admits it is difficult to maintain her high standards, she is able to get organic produce from a farm in Naples.

The Sanibel Sprout has a loyal



The Sanibel Sprout is in a cozy corner at Bailey's Shopping Center

following, with many vacationers who make sure a meal here is part of their island experience.

"I think Sanibel needed it," said Rood.

"I think it was time, and it's definitely gone mainstream now. I think more and more, we're becoming a destination restaurant for people.

"I'm really excited to see how Sanibel has blossomed with a more natural food, holistic approach to living."

But Rood stresses she is not preaching her message, only wishing to pass along the gift of healthy living.

"I'm not a dogmatic vegan, I'm not a religious vegan. I don't believe in telling



The Sanibel Sprout is a relaxing place for breakfast, lunch or dinner

people how they should live, or pressuring them. But we do like to just provide that alternative to people that are interested in it," she explained.

"And most people are seeing now how with the advent of so much cancer, so many auto-immune diseases, so many difficult illnesses to treat, that once you change your diet, so much of that goes away.

"As a chef, I'm interesting in feeding people and giving them a really delightful culinary experience. Because a culinary experience should be something remembered, not just feeding you in a space. The environment, the people, the

smiles, how the food is prepared, where it's sourced from, are also important at bringing it to a meaningful table."

The Sanibel Sprout, located at 2463 Periwinkle Way, is open Monday through Saturday from 10 a.m. to 7 p.m. and Sunday 10 a.m. to 5 p.m. For more information, visit The Sanibel Sprout on Facebook.

So until next time, enjoy the island currents!

Kathy Kurtz Ferrari is a journalist who splits her time between Captiva and the Boston area. If you have any questions or comments, email Kathy.islandsunnews@gmail.com.✧

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Accidental Beekeeper: One Woman's Story

A self-proclaimed “honey sommelier,” C. Marina Marchese was first to create a language and scale for honey flavors and has written books on beekeeping and honey. On Friday, January 31, she will be presenting two free programs at 10 a.m. and 1 p.m. at JN “Ding” Darling National Wildlife Refuge.

Based on her book *Honeybee: Lessons from an Accidental Beekeeper* and other bee-related works, the programs are part of the 2019 “Ding” Darling Lecture Series. Marchese also wrote *The Honey Connoisseur* and consults throughout the culinary and apiculture realms. Following her lectures, she will sign copies of her books, available at the Refuge Nature Store, which benefits conservation and education programs at “Ding” Darling.

Ten years ago, Marchese fell in love with bees during a tour of a neighbor's honeybee hives. Surprised to find that allowing docile honeybees to crawl across her hands instilled a serene tranquility and comfort, Marchese quit her job, acquired her own bees, built her own hives, harvested honey, earned a certificate in apitherapy, studied wine tasting to transfer those skills to honey tasting, and eventually opened her own business.

The *Washington Times* called Marchese's book *Honeybee*, “an entertaining and useful primer for the novice and honeybee devotee alike.” One



Marina Marchese at work in her apiary

photo provided

woman's charming and personal account of abandoning the rat race to live blissfully as a beekeeper and honey entrepreneur, it reveals everything there is to know about bees.

HighTower/Thomas & Swartz Wealth Management and Sanibel Carts co-sponsor the free 12-lecture series with support from the “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS). The free lectures take place every Friday at 10 a.m. and 1 p.m. in the admission-free “Ding” Darling Visitor & Education Center

Auditorium. Seating is limited and available on a first-come basis. Early arrivals can save their seat and one extra with personal items and then explore the Visitor & Education Center or Indigo Trail before the lecture starts. Saved seats must be filled 15 minutes before lecture time or risk being reassigned. DDWS will be filming Marchese's lectures and broadcasting them on Facebook Live at www.facebook.com/dingdarling.

Note: Opinions expressed in guest lectures do not necessarily reflect the views of refuge and DDWS management, staff, and board of directors.

The season's remaining schedule is listed below. Book signings will follow all starred (*) lectures. For more information, call 472-1100 ext. 241 or log on to dingdarlingsociety.org/articles/lecture-and-film-series.

February 7 – Zoo Miami Ambassador Ron Magill, *From Butterflies to Lions: A Walk on the Wild Side*

*February 14 – Author Cynthia Barnett,

Rain: A Natural and Cultural History
*February 21 - Author Jeff Klinkenberg, *Alligator in B Flat: Improbable Tales from the Files of Real Florida*
*February 28 – Author Craig Pittman, *Cat Tale: The Wild, Weird Battle to Save the Endangered Florida Panther*
*March 6 – Author and photographer Paul Bannick, *The Owl and the Woodpecker: Encounters with North America's Most Iconic Birds*
March 13 – Upcycle designer Nancy Judd, *RecycleRunway.com*
*March 20 – Author Eliot Kleinberg, *Black Cloud: The Great Hurricane of 1928*
*March 27 – Author Jack Davis, *Eagles and Florida Eco-Topics*
*April 3 – Jeri Magg, *Remarkable Women of Sanibel & Captiva*.✧

Kiwanis Club Scholarships

The Sanibel-Captiva Kiwanis Club is accepting scholarship applications for the 2020-21 school year. Scholarships of \$4,000 per year, over a period of four years, will be awarded. Additionally, several one-year scholarships in varying amounts are available, including the Sam Bailey Islands Night scholarship.

Eligible applicants must be Sanibel-Captiva residents, employed full time on the islands or a family member of such (of any age) attending a college for an undergraduate degree or attending a vocational school.

The club collects the applications and an independent committee makes the selection.

Applications must be submitted by March 27, 2020. They can be obtained online at www.SanibelKiwanis.org, or by contacting: Antoinette Radicchi at 579-0660 or antoinette@sanibelinsurance.com; Bill Traum at 671-0155 or billtraum@me.com; or Chris Heidrick at 579-0660 or chris@sanibelinsurance.com.✧

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Vegetable Sushi

½ pound vegetables (such as avocado, sweet bell peppers, cucumbers, mushrooms, carrots, celery, squash, or radish), julienned

4 cups sushi rice, cooked

4 sheets nori

2 tablespoons rice wine vinegar

2 teaspoons sugar

½ teaspoon salt

Soy sauce for dipping

Pickled ginger for garnish

Wasabi paste for garnish

Special tools:

Bamboo sushi mat (wrapped tightly in plastic wrap for ease of rolling)

In a small pot over medium heat combine vinegar, sugar, and salt. Heat until sugar and salt dissolve, cool, then stir into cooked sushi rice.

Place a sheet of nori onto the bamboo mat and scoop 1 cup of rice on top.

Spread rice into even layer, leaving 1 inch on top of nori to create a seal when



Vegetable Sushi

rolled. Place desired vegetables on the bottom portion of rice, being careful not to overfill. Using both hands start to roll the sushi, applying even pressure around the roll as you go. This will help create a

photo courtesy Fresh From Florida

tight roll that will stay together. Cut into bite-size pieces (about 6 to 8 pieces) and serve immediately or store in an airtight container in the refrigerator for up to two days until ready to eat. Serves four.✪

LIVE ON THE ISLANDS

Cielo has live entertainment Tuesday through Sunday with pianist and vocalist Scott McDonald. **Island Cow** has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. Dan Confrey returns on Sunday.

The Jac Island Bar & Grille has live entertainment on Friday with Side Show Bob and Joe Best. Gator Nate performs on Saturday. On Sunday, it's CJ Matthews. Monday is karaoke. Broken Waves plays on Tuesday. The Po Boys perform on Wednesday. On Thursday, it's James Prather.

MudBugs Cajun Kitchen has live music on Saturday with Thom Traucht. On Sunday, it's Slim Gillian. JD Ingalls plays on Monday. Tom Beckman performs on Tuesday. Ronn Daniels plays on Wednesday. On Thursday, it's Yard Dog Charlie.

Sundial Beach Resort & Spa: Mark Dupuy plays on Sunday at Turtle's Pool & Beach Bar; John McLane plays on Wednesday at Sea Breeze Cafe.

Traders Coastal Cuisine has live entertainment Tuesday and Thursday with Danny Morgan and Friends. Chris Workman plays on Wednesday.

Restaurant owners/managers,
email your entertainment schedule to
press@islandsunnews.com.✪

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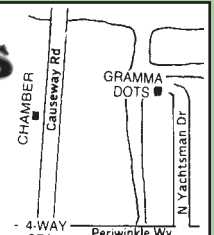
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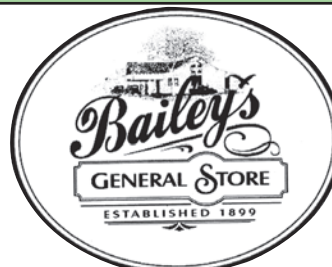
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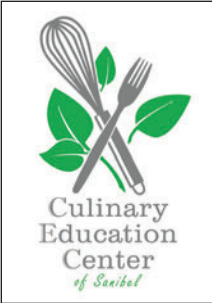
To learn more, visit [cielo—sanibel.com](http://cielo-sanibel.com)

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The Community House

Cornmeal Grits And Polenta



by Resident Chef Jarred Harris

Are cornmeal, grits and polenta the same thing? Well, not exactly. All three are made from ground dried corn, however, the difference is in the types of corn used and the way the corn is processed.

Cornmeal can be made from several varieties of dried corn. Blue, yellow and white corn can be used to make cornmeal. All three varieties can be found in coarse, medium and fine grinds. Cornmeal is the main ingredient in hushpuppies, cornbread and polenta.

Grits are older than the United States and also a Southern American breakfast staple. The dish originated from Native Americans making a corn mash out of dried white corn, called “hominy” or “dent.” This type of corn is treated with limewater to remove the husk and then dried. When the corn is

dried, a slight indentation is formed on the corn kernel; that is where the term “dent” comes from. This variety of corn contains soft starches, which give grits their creamy texture.

Polenta is an Italian dish made with cornmeal, however, the type of corn used for the meal is different. The corn variety used to make polenta is commonly called “flint.” This variety of corn is made from dried yellow corn that has a hard-starchy center. This characteristic gives polenta its coarse texture when cooked.

Here is a simple recipe to try using polenta or cornmeal. This dish can be used as a breakfast item or it makes an excellent dessert.

Olive Oil Raisin and Polenta Cake

- Ingredients
- 1 cup all purpose flour
 - 1/2 cup polenta (fine cornmeal is a good substitute)
 - 1 1/2 tsp. baking powder
 - 1/2 tsp. salt
 - 3 free-range eggs
 - 1 cup sugar
 - 1 tsp. vanilla extract
 - 1/2 cup extra virgin olive oil
 - 1/3 cup milk
 - Zest of 1 lemon
 - 1 cup golden raisins
- Method
- Preheat the oven to 350F. Grease and flour 8-inch cake pan.
 - Cream together vanilla, eggs and sugar until pale and fluffy. Add the olive oil very slowly and blend until smooth.
 - Combine the zest and milk to the

- olive oil mixture.
- In a separate bowl, sift together all the dry ingredients.
- Gradually add the raisins and dry ingredients to the wet ingredients and mix until well combined.
- Pour the mixture into the cake pan and bake for 30-35 minutes.
- Cool the cake before slicing. Serve

with spiced yogurt.
Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel. For volunteer opportunities or questions, contact him at kitchen@sanibelcommunityhouse.net or call 472-2155.*

Fundraiser At American Legion

Ed Augustyn, island local and SanCap Motor Club member has been coping with cancer for over two years now. A group known as Friends of Ed will be holding a fundraiser for Augustyn at American Legion Post 123 on Sunday, February 23 from 5 to 7 p.m. Barbecued ribs and chicken will be served, and Augustyn’s musician friends will provide entertainment.

The group is also looking for donations for a silent auction to be held that day. If you would like to make a donation to the silent auction, call Heidi at 973-714-4268.

Funds will be managed by FISH of SanCap. All donations will be used for medical expenses. Checks should be made payable to: FISH for Ed Augustyn. Donations by mail can be sent to: FISH of SanCap, 2430 Perwinkle Way, Sanibel FL 33957. For more information, call FISH at



Ed Augustyn photo provided
472-4775.
American Legion Post 123 is located at mile marker 3 on Sanibel-Captiva Road.*

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BIG ARTS Monday Night Film Series

Ramen Shop

by Di Saggau



The BIG ARTS Monday Night Movie for January 27 is *Ramen Shop*, a film from Singapore about a man's search to put together the story of his family and his life. Bak kut teh is a Singaporean pork rib soup that his mother used to make. No one else learned to make the dish before her untimely death. Masato works with his father Kazuo and Uncle Akio in a family ramen shop in East Japan. His father has become a workaholic and distant since his wife died and this causes Masato to resent him. When Kazuo dies from a sudden stroke, Masato decides to visit Singapore, to find his mother's side of the family and reconnect with the Singaporean cuisine.

Masato finds not only long lost relatives and new culinary delights but also the war scars that divided his family decades ago. The people in Singapore have not forgiven Japan for its deeds during World War II. Masato is the product of two former opposing countries but it was his parents' mutual love of food that brought them together and it might heal his family's quarrels.

As Masato visits some of the places seen in his parents' photos, it gives him a chance to reflect and viewers get a chance to see how emotional and meaningful this trip is for him. In addition to searching for an old family recipe,



image provided

it's a chance for him to reclaim a part of his cultural identity. The film runs 89 minutes. Moderator for the evening is Don Breiter.

Admission to the Monday Night Film Series is \$10 and all screenings begin at 7 p.m. in the new BIG ARTS Christensen Performing Arts Hall. Tickets are available online, at the BIG ARTS box office, 900 Dunlop Road, and at the door the evening of the movie. For more information, call 395-0900.*

Academy Award Contenders

Once Upon A Time In Hollywood

by Stan Gembicki



On Wednesday, February 5 at 12:30 p.m., Island Cinema will show *Once Upon a Time in Hollywood* as part of this year's BIG ARTS Film Society Academy Award Contenders

Series. After the movie, a discussion will take place at the cinema, where tickets are available.

Quentin Tarantino's *Once Upon a Time in Hollywood* visits 1969 Los Angeles, where everything is changing, as TV star Rick Dalton (Leonardo DiCaprio) and his longtime stunt double Cliff Booth (Brad Pitt) make their way around an industry they hardly recognize anymore. The film features a large ensemble cast and multiple story lines in a tribute to the final moments of Hollywood's golden age. The film's characters, like most Los Angelinos, spend a lot of time driving from place to place. Their travels find them floating along to mostly forgotten versions of famous songs while they pass theaters with marquees promoting



Leonardo DiCaprio and Brad Pitt

image provided

movies possibly no one but Tarantino has thought about for years. The 1969 we now remember – with its political upheaval, Moon landing and game-changing films like *Easy Rider* – mostly exists outside of this world. There's a lot going on in Tarantino's latest film, including the delicacy of a moment in time and how easily an era can be swept away. *Once Upon a Time in Hollywood* is very much a film about these moments before an era comes.

Once Upon a Time in Hollywood has received three Golden Globe awards including Best Picture, and 10 Academy Award nominations. The film runs two hours and 41 minutes.

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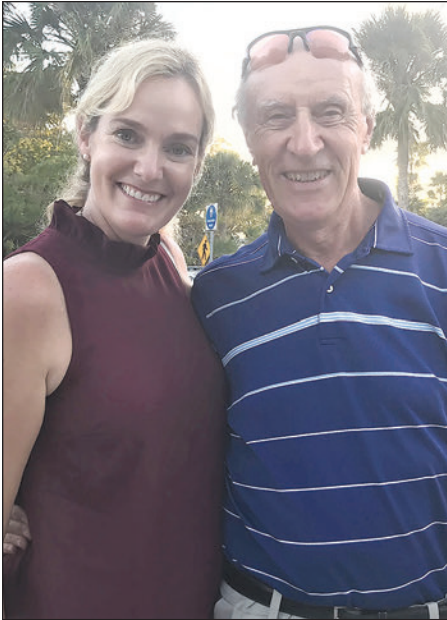


From left, Captain For Clean Waters founders Chris Wittman and Daniel Andrews with Sanibel City Councilman Richard Johnson photos provided

New Ice Cream Flavor Debuts At Fundraiser

The new Dolphin Tracks ice cream flavor, invented by Captains For Clean Water co-founder Capt. Chris

Wittman, was unveiled at Sanibel's Best Homemade Ice Cream on January 3. Residents, visitors and local dignitaries were on hand for the tasting and to show their support for Captains For Clean Water. "Without the support of the community, we cannot accomplish our goals," said Capt. Wittman. "Important



Babs Maughan and Sanibel Vice Mayor Mick Denham

progress has been made to improve the health of our estuaries, but so much remains to be done." "Visitors and locals are finding common ground enjoying ice cream to support the captains," said Laurie Verme, owner of Sanibel's Best Homemade Ice



Robin and Greg from Ottawa, Canada Cream. "Gift certificates and prizes from community businesses continue to be featured in a raffle at the store in support of the organization." Throughout 2020, proceeds from raffles, Dolphin Tracks ice cream sales and upcoming events will be earmarked for the organization.✧



Henry and Kevin from Indiana



Mary Arthur from Anapolis, Maryland



Marcella and Addi from Indiana



Emmitt and Pearson from Rochelle, Illinois



From left, John Lai, Chauncey Goss and Mary Bondurant



From left, Kari Cordisco, Sanibel City Councilwoman Holly Smith and Allison Goss

Live Music, Genealogy And History At Library

Weekly children's programs with Youth Service Librarian Deanna Evans continue at Sanibel Public Library. STEM programs for all ages have been added to the schedule. The events are on the calendar at www.sanlib.org.

Storytime for preschoolers and their caregivers will be held on Wednesdays and Thursdays at 11 a.m. Family storytime helps develop pre-reading skills through songs and stories. Length is approximately 20 to 30 minutes plus craft and activities that follow.

There is no registration required for these youth programs, and no additional cost to participate.

Learn about researching German ancestry with Ken Weaver at 10 a.m. on Friday, January 24. Weaver is a former Pennsylvania language teacher and principal, who studied and lived in Germany. He devotes considerable time to genealogy and helping others decipher German documents.

Stop by the library's open house from 2 to 4 p.m. on Tuesday, January 28 to hear swing, vintage rockabilly, New Orleans Dixieland jazz and Mississippi Delta blues with The Hot Buttered Nuggets. Members include Ruby Collins on washtub bass; Pi re Mondragon on washboard, harmonica and musical saw; and Douglas Everton on vocals, banjo and guitar. Take a tour of the library,



The Hot Buttered Nuggets photos provided have refreshments, and learn about the services the library offers.

The Lady is a Champ book talk with Carol Polis will be held at 2 p.m. on Wednesday, January 29. Polis traveled throughout the world judging title boxing fights plus two non-title heavyweight fights – Mike Tyson and Larry Holmes. She also appeared in the 1990 movie *Rocky V*. Polis is a cancer survivor and the theme of her presentation is With Courage, Anything is Possible.

A veteran of World War II, distinguished for his service as a U.S. Navy pilot, Sanibel's Ed Sieber will review his role in sinking the Japanese battleship *Yamato* in April of 1945. *Yamato*, along with her sister ship *Musashi*, were the largest battleships ever built in history. Sieber participated in other critical missions which ultimately led to him being awarded the Silver Star, the U.S. Navy Cross, and several Distinguished Flying ribbons. Sieber will speak at 10



Duane Shaffer and Ed Sieber

a.m. on Thursday, January 30.

Stop by from 10 a.m. to noon on Friday, January 31 to experience virtual reality. Patrons age 13 and older can enjoy *Deep Sea Adventure: Whale Encounter and Coral Reef*, a VR underwater world.

Saturday Family Storytime will be held on February 1 at 10 a.m. Saturday Crafterday, for first through sixth graders, will be held at 11 a.m. on February 1.

It's the 10th anniversary of the *Sanibel Sunset Detective* mystery novels, and author Ron Base will provide an overview of all of his books. He will also have copies of his newest thriller for sale and will hold a book signing at 10 a.m. on Monday, February 3.

On Wednesday, February 5 at 10 a.m., Brooks Robbins will presents a multimedia program on Italian and

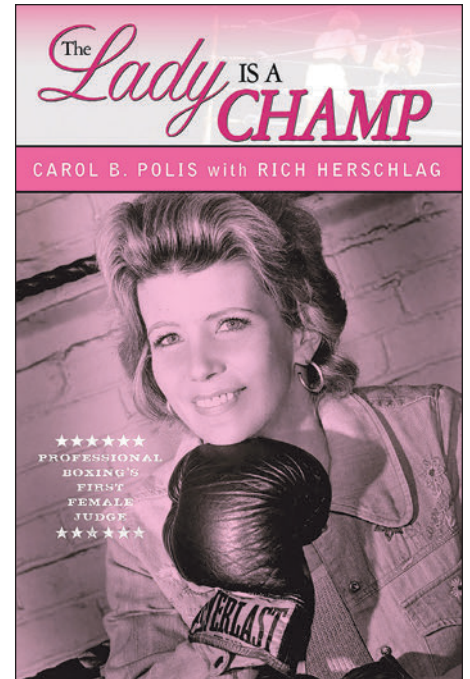


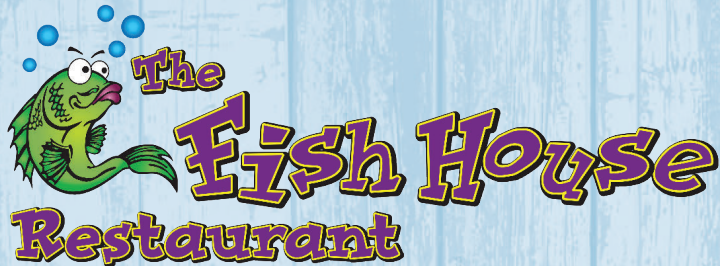
image provided

German prisoners of war held in the U.S. during World War II.

The public is invited to these programs. There is no registration and no additional cost to participate.

Sanibel Public Library cards are available to all residents of Sanibel and Lee County at no charge. Visitor cards are available for a \$10 fee, and are good for one year.

Sanibel Public Library is located at 770 Dunlop Road. For more information, call 472-2483, or visit www.sanlib.org.



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Book Review

The Dutch House



by Di Saggau
The Dutch House by Ann Patchett is about two siblings, Maeve and Danny Conroy, who are bound tightly together after their mother leaves home when they are age 10

and 3. Dutch House is a 1922 mansion outside Philadelphia that their father, Cyril, purchased as a surprise for his wife in 1946, when Maeve was age 5. Everything in the house came with the house, which included paintings throughout of all the ancestors of the couple with the unpronounceable name that had lived there. Their name was VanHoebeek. There was also one painting of Maeve as a young girl.

It was Cyril’s goal to become a real estate mogul, a goal he achieved over the years. The book is written in the first person, from Danny’s adult point of view, and that works quite well. He says, “The only thing our father really cared about in life was his work: the buildings he built and owned and rented out. He loved buildings the way boys loved dogs.” When a pretty young widow Andrea, who is 18 years Cyril’s junior, falls in love with the house and then moves in with her two small daughters as his new wife, it’s obvious she doesn’t care for Danny and Maeve. They are exiled by their stepmother from the house where they grew up. The two wealthy siblings have to start over again, and all they have is each other. It’s an unshakeable bond that saves both their lives and establishes their futures. Danny

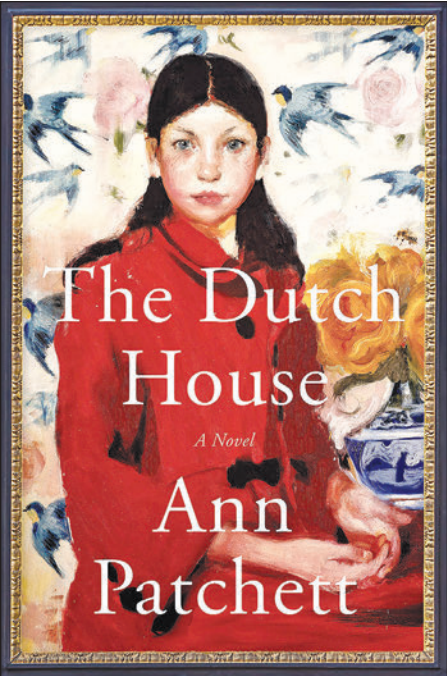


image provided

eventually leaves his medical residency and decides to go into real estate, buying and fixing up buildings as his father had done. They often park across the street from their former home to talk about their lives and what they have lost. When they are finally forced to confront the people who left them behind, the relationship between the siblings is finally tested. Publishers Weekly says, “Patchett remarkably traces acts of cruelty and kindness through three generations of a family over 50 years. This splendid novel is a thoughtful, compassionate exploration of obsession and forgiveness, what people acquire, keep, lose, or give away, and what they leave behind.” The Dutch House is filled with suspense and offers a story that will stay with you for a very long time.*

School Smart



by Shelley M. Greggs, NCS P
Dear Shelley, I have two kids who are in middle school and have some learning issues. As they get older, their classes and homework are becoming more

difficult and they struggle from time to time. Our time is tight with work, school and activities, and I am considering using an online tutoring service to help them. Do any of these services specialize in helping kids with learning disabilities? How can I tell if the tutors have much training in these areas? Is this a good idea?

Sarah B, Cape Coral

Sarah,
Online tutoring has become a popular way to help with homework or to supplement classroom learning. Many of these services can connect your child with an actual person at any time, day or night. Online tutors use instant messaging, shared whiteboards and other tools to engage your child. Having information presented to them in different ways can be very helpful to kids who learn and think differently. Some online tutoring sites charge by the month. Some charge by the minute. These services can get really expensive if used all the time. But a short stint of tutoring could help kids understand the key concepts they need to master to move on to more difficult material. Most online tutoring companies will provide a free lesson. I would recommend that your children take a lesson to see if they feel comfortable with the online format.

Before you sign up for online tutoring, check with your child’s school. Some school districts offer a discounted rate through online services. Make sure to find out exactly what the fee structure is, the subjects that are taught, the qualifications of their tutors, time limits, payments plan, etc. Online tutoring is a business, so you need to make sure you understand exactly what you are buying. Many of the big online tutoring services don’t specialize in learning and thinking differences, although there are a few sites that do. You’ll just need to do some keyword searches to find them. There are also some teachers on mainstream tutoring sites who have experience teaching kids who learn and think differently. Make sure to ask for a tutor who has experience teaching children who learn differently. On-demand tutoring can be a valuable resource for kids who have trouble learning in a traditional classroom setting. If you can’t find an online tutoring service you like, flashcard-sharing sites and sites with educational videos might be good alternatives. You may also want to check out your public library. Public libraries are a great homework resource. In a nationwide

survey, 95 percent of public libraries said they provide online homework help. It’s possible that a library near you offers free access to tutoring sites. Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.*

Sanibel School Accepting Applications

The Sanibel School is currently accepting applications for students in grade K-8 whose families live on island. The school is also accepting applications from families who work on Sanibel. Off island waivers are currently being accepting. Contact Donna Marks at 472-1617 and she will walk you through the registration process. You can also schedule a tour of the campus. The Sanibel School is a National Blue Ribbon School. It is a Florida School of Excellence. It is in the top 50 schools in the state of Florida, and continually ranks as the number one school in the Lee County School District.*

Kindergarten Orientation

The Sanibel School will be hosting its Kindergarten Orientation on Thursday, January 30 for children who will be age 5 on or before September 1 and who plan to attend school in the fall. Parents and students are invited to visit the school from 5:30 to 7 p.m. Kindergarten teachers will present important information for parents about the kindergarten program. In addition, you will be able to submit your registration forms and tour the school. Contact Donna Marks, school registrar, at 472-1617 if you have any questions. The Sanibel School is located at 3840 Sanibel-Captiva Road.*

From page 1 Captiva Library

peopled with singer-songwriters and their often short-lived offerings, Miller’s iconic time-honored traditional ballads and folk songs are a breath of fresh air. They evoke a bygone era when most music was homemade. Miller said, “Folksongs travel through history. History travels through folksongs.” The Captiva Memorial Library is located at 11560 Chapin Lane on Captiva. For more information, call 533-4890 or visit www.folksinging.org.*

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Arts & Crafts Fair

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Center 4 Life

Palm Ridge Rd. & 2401 Library Way, Sanibel, 472-5743

Celebrate Nature With Renowned Jeweler

Lily & Co. Jewelers will host California jewelry designer Conni Mainne on Wednesday and Thursday, January 29 and 30.

Inspired by nature's beauty, Mainne hails from the verdant hills of California's North Coast. From her home in Mendocino, Mainne's jewelry reflects nature's sacred geometries and lyrical forms found in botanicals, surf, clouds, stars and the moon.

"Sanibel's natural beauty and our passion for the environment make Lily the perfect host for Conni's inspirational jewelry," said Dan Schuyler, co-owner of Lily & Co. Jewelers with Karen Bell.

Guests will have an opportunity to meet the designer. Complimentary wine and appetizers will be served.

"Lily's clients will recognize immediately how Conni's love of nature reflects in her artistry," said Schuyler.

Mainne uses moonstones to create an aura of mystery, as well as other gemstones such as aquamarines, tourmalines, sapphires, pearls and diamonds. She recreates natural forms and contours such as unique leaf and nautilus patterns using the gemstones with 18-karat gold and silver.

All of Mainne's jewelry is handmade in California using recycled precious metals. She uses only natural and ethically sourced gemstones, pearls and diamonds that are



A bezel-set gold ring with green tourmaline and diamond accents by Conni Mainne photo provided

conflict-free, according to United Nations resolutions.

A professional jeweler by age 19, Mainne studied with noted artist Glenn Miller at College of Marin in California and intensive stone-setting classes at Revere Academy in San Francisco. A lifelong learner, Mainne forged her own path with her dedication to her craft by honing her skills at the work bench.

"Conni is a force of nature and her passion for reflecting the beauty of the environment makes her a soul sister to all who are drawn to our enchanted barrier island in Southwest Florida," said Schuyler.

Lily & Co. Jewelers, located at 520 Tarpon Bay Road on Sanibel, is open Monday through Saturday from 10 a.m. to 5 p.m. For more information, visit www.lilyjewelers.com or call 472-2888.✧



Prickly Pear by Marion Hall

photo provided

Watercolor Workshop Blends Art And Science

Sanibel-Captiva Conservation Foundation (SCCF) and Sanibel-Captiva Art League (SCAL) will hold a continuation of their popular watercolor workshops with SCAL member and award-winning watercolor artist Marion Hall at the Bailey Homestead Preserve on Wednesday, January 29 from 1 to 4 p.m. The class features an art-meets-science workshop about plants, specifically prickly pear.

Jenny Evans, SCCF's native landscapes

and garden center manager, will talk about observation skills that will help while studying plants for artistic purposes. Using Evan's tips, Hall will lead participants in creating a watercolor painting of a prickly pear plant. Participants should bring their favorite watercolor paints, brushes and paper. Watercolor notecards will be available as part of the class materials.

For questions about workshop materials, call Marion Hall at 395-0432 or Native Landscapes & Garden Center at 472-1932. Tickets are \$30 for SCCF and SCAL members, and \$40 for non-members; available online at www.eventbrite/sccf.

Bailey Homestead Preserve is located at 1300 Periwinkle Way on Sanibel.✧



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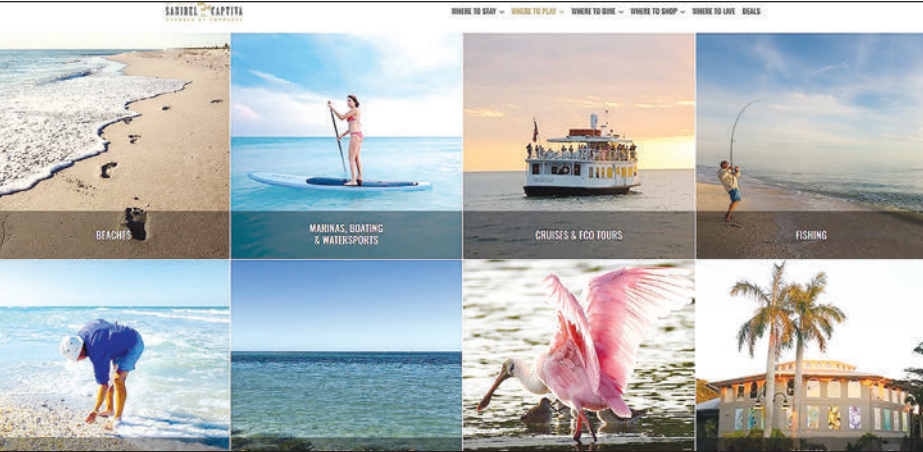
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Screenshot of the chamber's new visitors website home page image provided

Chamber Unveils New Websites

Sanibel & Captiva Islands Chamber of Commerce members now have their own website plus a new improved site designed to help visitors find them more readily.

"We had identified the need for a landing place for current and potential members, so the member site is a brand new benefit for our members," said John Lai, chamber president and chief executive office.

The new site will function as an archives portal for all information chamber members might want to access, including the chamber's legislative priorities, past email newsletters, press releases sent by

members, and marketing photos and videos. Members can access the site at www.members.sanibel-captiva.org.

"It will help us communicate better with our membership, especially for crisis management before and after storms, and other events that might impact tourism and business on the islands," said Lai.

The new visitors site at www.sanibel-captiva.org has brought the chamber digitally up to date with new imagery, video capabilities for the first time, and a better flow of information. The last update happened in 2017, so features had become dated.

"It's cleaner, more navigable. The dropdown boxes make more sense," said Lai. "Essentially, it improves how quickly visitors can access members' information. It effectively shortens the distance between member and visitor."✧

Reservations Open For Zonta's Peek Fundraiser

submitted by Sue Denham

Reservations for the 19th annual A Peek at the Unique, the record-setting home tour and signature fundraiser for the Zonta Club of Sanibel-Captiva and the Zonta Foundation of Southwest Florida, will open on Sunday, January 26.

Set for Saturday, March 14, the event promises again to be a sought-after day out for islanders, seasonal residents and visitors. Visit www.eventbrite.com to purchase tickets at \$100, tax-deductible per IRS rules, plus a small service fee to the provider. If available, seats for the 3 p.m. departure are discounted to \$90 plus the fee.

Some of the early buses are sold out due to the Buy a Bus or Buy a Block program, but there are still plenty of choices.

According to co-chair Joyce Ross: "Eventbrite provides a transparent and safe purchase process, and anyone who needs assistance may send an email to peektickets@gmail.com."

The guided tour of island homes, each reliably described as "unique," takes about three hours. This year, as a bonus, one of the four stops will feature two homes with contrasting styles. "Peekers" ride comfortably on air-conditioned buses with an experienced tour attendant, learning details about each home to be visited.



Zontians Taryn Manning and Windy Gavin with a fun message at last year's Peek" photo provided

Prior to boarding, they will be offered refreshments provided by leading island restaurants and caterers.

Proceeds from the 2019 Peek were the highest ever, and the club is distributing, through its foundation, \$104,700 in grants to local organizations that focus on improving women's lives and pledging \$34,900 to Zonta International for global initiatives in women's health, financial independence and freedom from violence.

For more information, visit www.zontasancap.com, follow Zonta Sanibel-Captiva on Facebook and "like" us (@zontasancap) on Instagram.✧

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Emcee, Judges Named For Project Refuge

NBC2 morning co-anchor Rachel Pierce will emcee Project Refuge: A Couture Fashion Show Using Trash at JN “Ding” Darling National Wildlife Refuge’s Twist Tie Optional Luncheon at The Sanctuary Golf Club on Tuesday, March 10. The luncheon begins at 11:30 a.m. and tickets are \$100 per person. The “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS) is hosting the event, which is one highlight of the refuge’s 75th anniversary celebration this year.

An Emmy-nominated journalist, Pierce currently sits on the board of the Press Club of Southwest Florida. She has been working as a journalist for more than 16 years, five of those years at NBC2. Her other passion is art, which she studied in school and now also works at professionally. The Project Refuge Committee has also announced its three judges for the competition among more than 25 designers. They are creating fashions from



Rachel Pierce photo provided
recycled and repurposed materials that would otherwise end up in the landfills or polluting land and waters. Judges include Loki Anthony, Merni Libonate and Robin Tauck. Anthony, who grew up around Alva,

Florida, has been expressing himself through art since he was 4 years old. By high school, his art evolved into fashion, and he began selling custom wearable art designs to classmates. Today, he operates his custom clothing line, Loki Designz, and has adopted the motto “Love Is Key” for his work. With a focus on nature, many of his designs feature leaves, feathers, or owls to symbolize what draws him into the natural beauty and intrigue of life. His work garners attention from Naples to New York City. Captiva resident Libonate serves on the boards of the Captiva Civic Association and the Chapel by the Sea. Before retiring, she was an event coordinator specializing in the corporate sponsorships of professional sporting events such as Wimbledon, U.S. Open golf and tennis, and the Super Bowl. Libonate also previously worked at NBC’s *Today Show* in New York City and represented philanthropists at the Metropolitan Opera, Carnegie Hall and Salzburg Festival. Tauck is a philanthropist and travel business leader committed to creating positive social, cultural and economic change and an advocate for the global travel industry’s positive economic impact and the potential of sustainable tourism.

A U.S. commissioner to UNESCO, Tauck also serves on the advisory body to the U.S. State Department, the U.S. National Committee of the International Council on Monuments and Sites, and the World Travel & Tourism Council. “We are excited to debut this fun and creative event to celebrate the refuge’s 75th anniversary and raise awareness about recycling and the threat of trash to our wildlife, water quality and health,” said Birgie Miller, DDWS executive director. “All profits will directly benefit the refuge’s education and water-quality research programs.” Sponsors for Project Refuge include: Champion Sponsor: Anonymous; Guardian Sponsor: Lee County Solid Waste, Jim and Dulce Doss, Jim and Patty Sprinkle; Protector Sponsors: Pfeiffer Realty Group, Bob and Kathy Weisemann; Defender Sponsors: Boomer Duvin and Family, Doug and Sherry Gentry, Mitchell’s Sand Castles and Sanibel Moorings. For tickets, visit www.projectrefugeding.com. Contact Dot Voorhees at 472-1100 ext. 239 for information about sponsorships. For more information about the refuge’s 75th anniversary year happenings, visit www.ding75.org.✪



David and Tamara McQuade photo provided

Expert Birders To Share Insights At Audubon Lecture

Sanibel-Captiva Audubon is welcoming back Tamara and David McQuade, who are avid, expert birders. They will give a presentation entitled Chasing Rare Birds in the Lower 48 at The

Community House on Thursday, January 30 at 7 p.m. Not all rare birds are the same. Some rare birds literally only hang around in one location for a few hours before disappearing, not to be seen again. Others can be extremely predictable, making it fairly easy to plan and prepare for finding them. The McQuades will share their thoughts and experiences on which rare birds are the easiest birds to successfully



Rufous-capped warbler photo by Tamara McQuade
chase and find. They will discuss the probability of finding them as well as when and where you need to be looking, and what special circumstances you should be aware of. They will share maps and Tammy’s exquisite photos of each target bird discussed. The McQuades have always had a love of the outdoors and birds, but it changed dramatically in 2012, when they saw the movie *The Big Year*. Counting birds and deliberately targeting species had a particular appeal, which started with a big weekend in 2013, and hasn’t stopped since. They are the all-time eBird record holders with 302 and 299 bird species seen in Lee County, and are also the

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Seashells of Sanibel #36



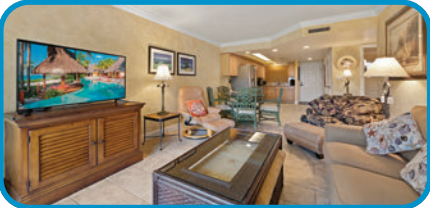
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www.SanibelCaptivaRealEstateGuide.com

Locations In Sanibel and Captiva
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From left, Sanibel Historical Village board member Sherry Halleran, Karen Bell and Sanibel Historical Village board member Blair Wyatt photo provided

Real Estate Team Sponsors Gala

Karen Bell and The Bell Team will be a silver sponsor of the Sanibel Historical Village Gala at The Community House on Tuesday, February 18 from 6 to 10 p.m. The theme of the

gala is It Takes a Village. The evening will include a buffet dinner and dancing. Tickets are \$135 per person and can be purchased by calling 472-4648. "I love the historical buildings on Sanibel, and as I live in one, I have always been drawn to the historical village," said Karen Bell. "I want to support it." **



Kiwanis board member Les Boyle, center, presenting the check to Jan Fifer, executive director of Special Equestrians, Inc. Also in attendance, from left carriage driving team members: Lacey the horse, Bob Centrone, Terry Centrone, instructor Mike Freeman and second year student Austin Major. photo provided

Kiwanis Club Supports Special Equestrians

submitted by Tom Sharbaugh
The Kiwanis Club of Sanibel-Captiva provided a grant of \$1,500 to Special Equestrians, Inc., a nonprofit organization that provides therapeutic horseback riding and equine assisted activities to children and adults. Special Equestrians has been serving the community since 1987. A number of therapeutic programs and services are offered including riding and carriage driving. Riding develops

self-confidence, concentration and self-discipline. Joint mobility, posture, trunk control, balance and coordination are also improved through these equine assisted activities. Special Equestrians, Inc. is a Premier Accredited Center with the Professional Association of Therapeutic Horsemanship (PATH Intl). All aspects of the therapeutic riding program are based on PATH safety standards and guidelines. Kiwanis support for this unique organization is part of its broad program of providing educational and recreational opportunities for the youth of Sanibel and Captiva. Those interested in joining the club can visit the website at www.sanibelkiwanis.org or call 677-7299. **

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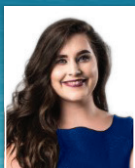
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*Ranking according to MLS sales volume on Sanibel and Captiva Islands **Ranking according to MLS overall sales volume of island brokerages

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 FRIDAY Mostly Cloudy High: 75 Low: 70	 SATURDAY Mostly Cloudy High: 74 Low: 69	 SUNDAY Sunny High: 72 Low: 62	 MONDAY Partly Cloudy High: 68 Low: 63	 TUESDAY Cloudy High: 64 Low: 59	 WEDNESDAY Mostly Sunny High: 67 Low: 62	 THURSDAY Cloudy High: 71 Low: 66
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Redfish Pass Tides				
Day	High	Low	High	Low
Fri	2:52 pm	7:09 am	None	5:27 pm
Sat	12:07 am	7:41 am	3:07 pm	6:13 pm
Sun	12:47 am	8:11 am	3:21 pm	7:01 pm
Mon	1:27 am	8:39 am	3:35 pm	7:50 pm
Tue	2:09 am	9:07 am	3:54 pm	8:43 pm
Wed	2:54 am	9:35 am	4:16 pm	9:41 pm
Thu	3:46 am	10:04 am	4:43 pm	10:45 pm

Point Ybel Tides				
Day	High	Low	High	Low
Fri	1:57 pm	7:11 am	11:12 pm	5:29 pm
Sat	2:12 pm	7:43 am	11:52 pm	6:15 pm
Sun	2:26 pm	8:13 am	None	7:03 pm
Mon	12:32 am	8:41 am	2:40 pm	7:52 pm
Tue	1:14 am	9:09 am	2:59 pm	8:45 pm
Wed	1:59 am	9:37 am	3:21 pm	9:43 pm
Thu	2:51 am	10:06 am	3:48 pm	10:47 pm

Punta Rassa Tides				
Day	High	Low	High	Low
Fri	1:17 pm	6:57 am	None	6:33 pm
Sat	12:12 am	7:38 am	1:53 pm	7:13 pm
Sun	12:40 am	8:17 am	2:32 pm	7:53 pm
Mon	1:07 am	8:51 am	3:11 pm	8:33 pm
Tue	1:41 am	9:21 am	3:46 pm	9:15 pm
Wed	2:28 am	9:46 am	4:18 pm	9:57 pm
Thu	3:30 am	10:04 am	4:48 pm	10:49 pm

Cape Coral Bridge Tides				
Day	High	Low	High	Low
Fri	1:35 am	10:25 am	5:02 pm	8:43 pm
Sat	2:17 am	10:57 am	5:17 pm	9:29 pm
Sun	2:57 am	11:27 am	5:31 pm	10:17 pm
Mon	3:37 am	11:55 am	5:45 pm	11:06 pm
Tue	4:19 am	12:23 pm	6:04 pm	11:59 pm
Wed	5:04 am	12:51 pm	6:26 pm	None
Thu	5:56 am	12:57 am	6:53 pm	1:20 pm

Island Seniors
At Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.



Kayaking on Tuesdays and Select Thursdays – January 28 and 30 at 8:30 a.m., weather permitting. There is space for 16 people on eight two-person kayaks and limited space for those who bring their own. Island Seniors, Inc. will provide kayaks, paddles and life jackets. Bring water, a small snack, sun screen, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$20 for non-members. Advance registration required.

Line Dancing Classes – Fridays, January 24 and February 28 at 2:15 p.m. Cost is \$2.50 for members and \$5 for non-members. The instructor will review dance steps then turn up the music. Advance registration not required.

Knitting With Deborah Boehm – Mondays, January 27 from 2:30 to 4:30 p.m. Open to all skill levels, including beginners. Bring your project(s). Share your interest in knitting with others. This is an informal, no charge, drop-in group.

Bingo – Monday, February 10 at 4:30 p.m. Cost for two games is \$3 for members and \$5 for non-members; extra card \$1 each. After a few games, there will be a potluck dinner; bring a side dish to share.

Page Turners with Louise Fitzgerald & Ann Hartman – If you

are not on the Page Turners list and wish to be, email oceann@comcast.net or contact the center.

The book up for discussion on Wednesday, February 12 at 2:30 p.m. is *And Only to Deceive* by Tasha Alexander.

“Emily married Philip, a wealthy viscount, mainly to escape her overbearing mother’s constant hectoring. Her new husband has two passions: acquiring ancient Greek vases and statuary, and big-game hunting. Shortly after their marriage, Philip leaves Emily in their London townhouse and embarks on an extended African safari. His fellow hunters, impoverished aristocrats Andrew and Arthur Palmer and best friend Colin Hargreaves, report that he died of a mysterious fever at camp. Widowed after only six months of marriage to a man she hardly knew, Emily is relieved and secretly exhilarated by her inherited fortune and the independence it offers. But she soon sees signs that Philip had had things to hide.” – *Kirkus Review*

Bea Pappas, ISEA – NF Collage Part 2 – Tuesdays, February 4, 11, 18 and 25. Cost for series per person is \$125 for members and \$140 for non-members.

Bring acrylic paint (preferably liquid) and substrates on which to work (canvas, canvas board or watercolor paper – 140 lb.), flat nylon one-inch brush, water container to clean brushes and paper towels (Viva brand). Contact the center to sign up.

Ostego Bay Working Waterfront Tour – Wednesday, January 29. Cost is \$25 for members and \$35 for non-members.

Includes a three-hour guided tour of the working waterfront of Fort Myers

Beach. Half of the tour will be in the Ostego Bay Marine Science Center and half will be a walking tour of the commercial fishing industry. Lunch will be on your own at Doc Ford’s. Advance registration required by Wednesday, January 22. Carpool arrangements for transportation.

Learn to Play Mahjongg with Katie Reid – January 27 to 31. Cost is \$15 for members and \$30 for non-members. Class is limited to four or eight students (to fill a table to practice). You must be able to attend all five classes. All supplies provided. Advance registration required.

Damaris Peters Pike – Friday, January 31. Damaris Peters Pike will present *Que Sera, Sera – Remembering Doris Day* in the Women of Note Series.

Contrary to the popular image of the smiling girl next door, Doris Day’s story is full of pain and sorrow along with great success. This recounting of her youth in Cincinnati, her start as a big band singer, and amazing rise to stardom in movies includes several well-loved songs associated with the star, such as *It’s Magic*, *My Secret Love* and *Sentimental Journey*. A \$5 donation is requested with proceeds benefitting Island Seniors programming.

Cruise Around the World Presentation by Katie Reid – Friday, February 28 at 1:30 p.m. Katie Reid will share her experiences traveling around the world on a cruise ship. No charge to attend.

Contestants Wanted for Sanibel’s Got Talent – Thursday, February 20. If you or someone you know wish to be in the spotlight, contact Tommy Williams. He is seeking local talent to perform in this special event at the Sanibel Recreation Center, following a potluck

dinner.
Games – Cost for all games is \$3 for members and \$5 for non-members. Prizes will be awarded.

Bridge – Monday and Wednesday. Registration begins at 12:30 p.m. Game begins at 1 p.m.

New! Euchre – Tuesday at 12:30 p.m.

Mahjongg – Monday and Thursday at 12:30 p.m.

Hand & Foot – Thursday at noon.

Hearts – Friday at 12:30 p.m.

Fitness Classes – Island Seniors, Inc. members pay \$4.10 per class, visitors pay \$10.25 per class. Island Seniors, Inc. annual membership is \$20. Classes are included with Sanibel Recreation Center membership. You must show your Sanibel Recreation Center membership card to attend.

Fitness class schedule is as follows:

Cardio Combo – Monday, Wednesday and Friday at 8 a.m.

Keep your brain fit, and your heart, lungs and muscles strong. Hand weights, stretch cords, stability balls and your body weight will be used. The format is 30 minutes of cardio dance and 30 minutes of balance exercises, core strength, flexibility exercises and mat work.

50/50 Cardio Sculpt – Monday, Wednesday and Friday at 9:30 and 11 a.m. This class includes cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls.

Qigong – Fridays, January 24 and February 21 from 1 to 2 p.m.

QiGong is a series of non-strenuous techniques and movements that focuses breathing, activates the body’s internal energy, fosters relaxation, clears the

continued on page 23B



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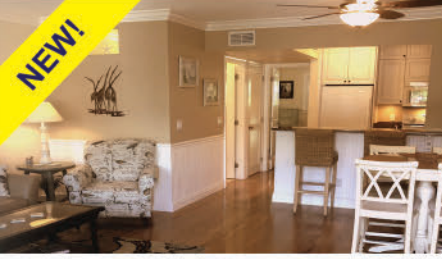
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Kiwanis Club Awards Grant To Local Scouts

The Kiwanis Club recently presented a grant of \$1,000 to the local Boy Scout Troop 1740 and Cub Scout Pack 1740 to support their activities for this year. This make the fifth year the club has provided support to the Scouts, since their founding in 2016.

Kim Kouril, one of the leaders in the Scouts organization, said, "There is no clearer example of Sanibel's sense of community than Kiwanis' support for our island Boy Scout Troop and Cub Scout Pack. The club has donated annually to the Scouts, and we are grateful for this year's \$1,000 grant. It helps to fund our programming, as well as provide scholarships to those in need."

The financial support gives the Scouts the opportunity to camp all over the state of Florida, from an overnight trip to Cayo Costa to sleeping under the Space Shuttle *Atlantis* at Kennedy Space Center. They visit locations and experience presentations where they learn about people, businesses



Eric Pfeifer, Kiwanis board member and past president, presents a grant check to Assistant Scoutmaster Brian Boyd photo provided

and organizations like Private Sky, the Robert Rauschenberg Estate on Captiva, The Lighthouse of SWFL (for

the visually impaired or blind), and a tour of the newly renovated Bailey-Matthews National Shell Museum. And they experience community service by volunteering for wonderful community events like the Kiwanis Spaghetti Dinner, coming up on Saturday, February 29.

"Leadership, service and character help to shape our Scouts, and we are thankful for the community support from organizations like Kiwanis that

make it happen," said Kouril.

For more information about Troop and Pack 1740, contact Kim Kouril at kouril2013@gmail.com or 233-4180.*

Public Meeting On Captiva Wastewater

The Captiva community is invited to a public meeting on Captiva wastewater findings and alternatives. The meeting will be held at the Captiva Civic Center on Tuesday, January 28 at 7 p.m. The workshop will be presented by the Captiva Community Panel.

David Tomasko, PhD, with Environmental Science Associates will provide a review of his recent study regarding potential health and environmental risks associated with septic systems, addressing both potential pollution concerns and how island septic systems will function in the face of rising sea levels and groundwater levels. Wastewater committee chair Jay Brown will follow with a discussion of Captiva's wastewater alternatives and the extensive research on the current status and options he and the committee have conducted over the past two years.

Public questions and comment will be encouraged to provide feedback for the panel to consider in its development of a long-term wastewater strategy recommendation, and to help guide continuing research efforts.

Captiva Civic Center is located at 11550 Chapin Lane on Captiva.*

From page 1B

Audubon Lecture

co-holders of the Lee County Big Day record of 134 species. Fortunately, they have been able to combine their business travel with birding, which has allowed them to rack up 768 species in the lower 48 in just a couple years.

The McQuades are graduates of the Cornell Lab of Ornithology, Macaulay Library Sound Recording Workshop and are the administrators for the SW Florida Bird Alert Facebook group. They are also the guides for the Cape Coral Burrowing Owl Festival and frequent contributors to the Lee County

Bird Patrol.

This is the fourth of eight Sanibel-Captiva Audubon Society lectures to be held in 2020. All are welcome to attend. Doors open at 6:15 p.m., and parking is available at The Community House and across the street in the Herb Strauss Theater parking area. A \$10 donation per attendee is appreciated, with proceeds after costs being used to promote conservation on Sanibel and in Florida.

The Community House is located at 2173 Periwinkle Way on Sanibel. For more information, call Bill Jacobson at 395-1878 or visit www.san-capaudubon.org.*

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Superior Interiors

Creative Uses For Spare Rooms



by Linda Coin

While owning a spacious home is certainly a blessing, having rooms you don't know how to use can feel like a curse. Whether your formal living room is never occupied, or your grown-up

kids' bedrooms remain empty, trying to breathe new life into extra space is often easier said than done. Instead of following a traditional path and turning these spare areas into TV rooms or guest bedrooms, why not think outside the box? Consider transforming your extra room using one of these creative ideas.

If you're an arts and crafts addict, you know that projects rarely go as smoothly as they appear to on Pinterest. Even crafts with the simplest instructions can leave you standing in a sea of glitter, pipe cleaners and stray mason jars. While you might be currently using your kitchen or garage as your craft studio, it's no secret that clean-up and storage in these spaces can be a definite struggle. After all, your extensive collection of ribbon doesn't really have a home among pots and pans or power tools. Take your passion for crafting to the next level by transforming

your spare room into your artistic studio space. Provide storage solutions for all your materials, as well as what types of furniture, floor coverings and window treatments will refresh the room and make it welcoming and inspiring.

If you love entertaining, why not create an environment where you can relax with friends and family over a delicious cocktail? If you have a spare room that's adjacent to your kitchen or dining area, a unique way to put it to good use is by turning it into a home cocktail bar. You can use the space for appetizers and drinks during dinner parties, and then return to the room for dessert and nightcap once your meals are over. While a design professional will have excellent ideas about how to repurpose the space, remember to include a sink and refrigerator in your design plans. You don't want to be running to and from the kitchen for ice and clean glassware!

Furry friends often get the short end of the stick when it comes to home design, and your house likely has plenty of areas that are strictly off-limits to your animals. If you have some extra space, it's a great opportunity to show your pets that, while they may not be able to run around the dining room at their leisure, they're still important members of your household. Having a designated pet room means you can get eyesores like cages, scratching posts, litter boxes and food bowls out of the main areas of your house. Additionally, it'll contain animals when guests are over, so friends who have allergies will feel more comfortable spending time in your house. Include durable flooring and decor choices that will look chic but withstand the wear and tear of excited paws.

While large rooms can be transformed into home gyms, smaller areas really can't sustain numerous machines and piles of equipment. If you want to make a space in your house dedicated to health and fitness but don't have a lot of square footage to work with, why not create a personal yoga studio? If the room is big enough to handle you and a mat, you can turn it into a calming environment that's perfect for your practice. Select colors and decor that will keep you relaxed and focused.

While the word library might conjure

up images of high ceilings and infinite rows of books, this doesn't have to be the case. Any spare room can become a home library where you and your family can read, study, work or just relax. Fill the room with bookcases and comfortable seating. Make sure you incorporate plenty of light fixtures into the space as well, so your eyes don't get too tired when you're engrossed in a page-turner.

Linda Coin is an interior designer on Sanibel/Captiva Islands and can be reached at linda@coindeden.com.✴

Free Tax Return Preparation At Walk-In Center

The United Way Volunteer Income Tax Assistance (VITA) program offers tax assistance for qualified taxpayers. Beginning Friday, February 7, IRS certified volunteers will be on site at the FISH of SanCap Walk-in Center to prepare taxes for free for households earning \$66,000 or less per year. Appointments will be available from 9 a.m. to 1 p.m. on Fridays, February 7, 14, 21 and 28; March 6 and 20, and April 3. VITA will also be available at the Sanibel Public Library, 770 Dunlop Road, on Thursday, March 12 and 19 from 3 to 7 p.m. Times are subject to change.

VITA preparers are IRS certified trained volunteers that can inform taxpayers about special tax credits that may be applicable such as earned income tax credit, child tax credit, and credit for elderly or the

disabled. Individuals scheduled to have their tax return completed must bring the following (additional documents may be requested):

Valid picture ID and birthdates for everyone on the tax return;

Social security or individual taxpayer identification number (ITIN) for each family member and working adult;

All earning statements (W-2, W-2G, 1099s);

Total paid for daycare and provider business' EIN;

Affordable Health Care Statements (1095-A) or Health Insurance Exemption if you bought insurance from the marketplace;

Interest and dividend statements;

Last year's tax return;

Any other tax documents you received;

If you are filing a joint return, both you and your spouse must be present.

Times are subject to change.

Appointments are required and fill up quickly. Contact Kathy Y. Monroe or Anthony Morales at 472-4775 to make an appointment.✴

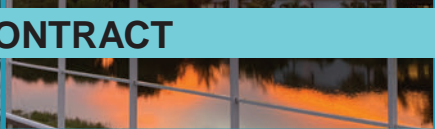
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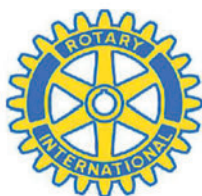
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Rotary Happenings

submitted by Cindy Carter DeCosta

This week at Rotary, we had the pleasure of hearing from two of our fellow Rotarians, Dr. James Reid and Robert Eidsvold during our Classification Talks. These talks are a wonderful way to learn about our fellow Rotarians and all the impressive things they have accomplished in their lives.



Dr. James Reid

photos provided

practiced general ophthalmology until he retired in 1991. He was actively involved in the world of ophthalmology, holding many prestigious positions and helping to guide his chosen field.

Dr. Reid joined the Marion, Indiana Rotary Club in 1964 and transferred to the Sanibel-Captiva Rotary Club in 1992. He has held many positions within Rotary during the more than 55 years as a Rotarian, including president of our club 1995-96, and the district governor's representative for DG Dick Cox and again for DG Pete Cypher.

He has been married to Sharie for 62 years, has two daughters and one son.

Eidsvold introduces himself as a "Smoother Mover" at our Friday breakfast meetings, receiving a chuckle from the



Bob Eidsvold

peanut gallery each time. Eidsvold's journey started when his grandfather bought a coal delivery route in 1929 for \$850. They delivered coal in the winter and used the trucks in the summer to move families, "anything for a buck with a truck."

Eidsvold entered the family business at age 12, sweeping floors and washing windows. As he got older, he drove the trucks and helped with the moving side of the business. By 1960, there was considerable growth in the company with household moving and they stopped delivering coal. Eidsvold worked hard to reclaim all the family shares, develop his customer relationships and maintain a good reputation in the moving industry. He also focused the business on long distance

household moving and office moving. In 2010, he sold the business and wrote a book entitled, *Hard Work, Smooth Moves, and a Bit of Luck*, which I am sure has many interesting stories about his years in the industry.

Eidsvold has been at Rotarian since 2006. He just celebrated his 59th wedding anniversary to his college sweetheart, Jean. They have one son and two daughters, six grandsons and one "petunia in the onion patch" granddaughter.

The Sanibel-Captiva Rotary Club meets Friday mornings at 7 a.m. at The Dunes Golf & Tennis Club. Guests are welcome.*

New Sponsor At Rec Center

Joey's Custard recently became a new Fit 4 Life sponsor whose sign will adorn the City of Sanibel Recreation Hall of Sponsors. All proceeds from the sign purchase are applied to the City of Sanibel Recreation Center Financial Assistance Program. This program assists parents, grandparents, and legal custodians who financially qualify for their children to attend the after school program, summer day camp, holiday camp, fun days, babysitter training camp, basketball league, volleyball camp and CIT program at the rec center.

For more information, call volunteer sponsor chairperson Barry Alan Roth at 313-9591, or Trish Phillips, recreation director, at 472-0345.*

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From left, Roger Grogman, Kevin Ruane and John Henshaw



From left, Daniel Andrews, Marisa Carrozzo and Chris Wittman

Foundation Hosts Reception

The Everglades Coalition welcomed guests at a reception, hosted by the Everglades Foundation, during the 35th annual Everglades Coalition Conference, held January 9 to 11 at South Seas Island Resort on Captiva. The theme was All Hands on Deck for America's Everglades.

Over 350 people attended the conference, which featured discussions on the importance of securing funding to complete Comprehensive Everglades Restoration Plan projects and improved water quality for Floridians who live in the Greater Everglades watershed.✧



Jason Maughan and Chauncey Goss



From left, Drew Bartlett, Anna Upton and Heather Fitzhagen



Mike Magley and Howie Gonzales



Jean Hartman and Phil Gresh



Nancy and Mark Perry



Ron Bergeron and Daniella Levine Cava



From left, Jimmi Stevens, Michael McGrath and Steve Leidner



From left, Alyssa Lenkel, Alison Enchelmaier and Briana Gibbs



From left, Nick Aumen, Pedro Ramos and Thomas Forsyth

Lions Host First Women's Forum

submitted by Bill Sartoris, President, Sanibel Captiva Lions Club

The Sanibel Captiva Lions Club hosted a Lions Women's Forum on January 8. Steve Schulz, membership chairman, came up with the idea in November. The local Lions club has been around for 53 years but of the 35 members, only eight are women. Schulz wanted to get more women in the club. He thought sponsoring a women's forum would attract more women, who could hear from other women members and find out how they got involved.

Several women from District 35-I (48 clubs from Everglades City to Lakeland) attended including District Governor Claudette Henry, who has been a Lion for only 11 years and made it to the district governor level. She told her story of how at first women were in a separate Women's Lions Club. When accepted into the "regular" Lions Club, she volunteered to be a vice president and learned leadership roles quickly when the president became ill and she had to take over.

Margie Gillette of the Bonita Springs club showed a film clip from 1987 when women were voted in and allowed to become Lions. Previously, they had to be in separate Lioness clubs. Gillette also pointed out that Lions International has had a woman president, unlike other service organizations.



District Governor Claudette Henry photo provided

Patty Strong, president of the Fort Myers club, and Diane Clifton of the Fort Myers Beach club relayed stories of the Shrimp Festival Parade of which Clifton has chaired for the last 12 years. In all, the night was full of touching moments about Lions serving and helping people through monetary contributions and acts of kindness.

There are 1.4 million Lions worldwide. The Sanibel Captiva Lions club meets on the first and third Wednesday of the month at 6 p.m. at The Community House. Guests are welcome. For more information, contact Steve Schulz at 233-6261 or visit www.sanibelcaptivalions.org.

ABWA Speaker Series Luncheon Open To Public

Laura DeBruce will discuss Lessons Learned from Poker: Know When to Hold 'Em, Fold 'Em or Go All In at the American Business Women's Association (ABWA) luncheon on Tuesday, January 28. DeBruce will share stories and wisdom gained from her diverse background combining U.S. constitutional law, the film industry, Eastern Europe and golf carts.

After graduating from the University of Florida and Boston University Law School, DeBruce traveled to then-Czechoslovakia to teach university courses in U.S. Constitutional law. She became an associate at Baker & McKenzie in Prague and worked into the position of director of legal affairs for CME Media Enterprises, a key player in the growth of television stations throughout Eastern Europe.

DeBruce realized her potential as an entrepreneur when she and her husband Jeff Blackman co-founded GrandView Castle Entertainment, distributing motion pictures throughout Eastern Europe and Russia for clients that included DreamWorks, Paramount and LucasFilm. She went on from there to produce several documentary films.

Back in Florida, in 2018, the couple started Sanibel Carts, renting street-legal, electric golf carts to residents and



Laura DeBruce photo provided

visitors on Sanibel. DeBruce is also a partner in DeBruce Blackman providing legal and consulting advice.

DeBruce has owned a home on the islands since 2010 and became a resident in 2015. She is active in the community, on boards of directors for the Zonta Club of Sanibel-Captiva and Community Housing and Resources (CHR), and a member of ABWA.

"Laura is a renaissance woman," said Chapter President Gloria Garrett of HMG. "We can't wait to find out how solar powered golf carts mesh with

continued on page 18B



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 - This property also offers numerous possibilities to make your Gulf front dream a reality.
 - **\$5,795,000** Euro € 5,203,633
- 2. Gulf views at Island Beach Club – Sanibel**
 - 2 BR/ 2 BA updated condo with coastal design and Gulf views
 - Beach access, community pool, wkly rentals & pet friendly.
 - **\$725,000** Euro € 654,485
- 3. Across Street from Beach, Views of Sanibel River – Sanibel**
 - 3 BR/ 2 BA home located directly across the street from beach with views of Beachview Golf course & a short walk to restaurants & tiki's
 - Recently remodeled, south facing screened in pool, all new kitchen and baths
 - **\$825,000** Euro € 744,416

- 4. Santiva Home Designed & Built by Renowned Architect**
 - 4 BR/ 3 BA with pool and pool house, steps from the beach with Gulf views from top floor
 - Home & large property exude style & tranquility reminiscent of an island resort or spa with custom finishes throughout
 - **\$1,489,000** Euro € 1,343,480
- 5. Remodeled at Sanibel Arms West – Sanibel**
 - 2 BR/2 BA newly painted condo featuring open kitchen with granite countertops
 - Comm amenities: large pool, beach frontage, on-site management/ rental office, tennis & more
 - **\$559,000** Euro € 504,398
- 6. Long lake views on Lake Murex – Sanibel**
 - 4 BR/3.1 BA home on oversized lot with 2 story ceilings and great room
 - Chef's kitchen with 2 islands, gas fireplace, elevator, pool, and generator
 - **\$1,299,000** Euro € 1,172,118



- 7. Magazine Ready home in Sanctuary - Sanibel**
 - 5 BR/5.1 BA property situated on the bay & intercoastal waterway and framed in by the signature 4th hole
 - 11,000sqft, top of the line finishes throughout, over a million dollars in updates
 - **\$3,699,000** Euro € 3,337,694
- 8. Ground Level home in Shell Harbor -Sanibel**
 - 3BR/2.1 BA home situated on an oversized lot on East end
 - Dock, boatlift, new windows, and long canal views
 - **\$995,000** Euro € 897,811
- 9. On East End located across street from beach with boat dock**
 - 3 BR/ 2.5 BA remodeled home with screen enclosed pool and canal views
 - Old Florida style home, community tennis & dock. Offered mostly furnished
 - **\$1,250,000** Euro € 1,122,440

- 10. Island Escape – Captiva**
 - 5 BR/ 4.1 BA Old Florida inspired coastal luxury home completed in 2015
 - Architectural details, open floor plan, spa like bathrooms, pool & spa
 - **\$2,450,000** Euro € 2,210,692
- 11. Remodeled Direct Access Canal Home in Shell Harbor**
 - 3BR/3BA completely remodeled ground level home featuring travertine floors and open kitchen
 - Large boat dock able to accommodate sizeable boat or sailboat, very short trip to the open waters of the bay
 - **\$1,495,000** Euro € 1,342,727
- 12. Private beach access on Sanibel's West End – Sanibel**
 - 3 BR/ 2 BA home built to the most recent high standards by a prestigious local builder in 2017
 - Large open kitchen, granite counters, vaulted ceilings, multiple porches, & transom windows
 - **\$1,350,000** Euro € 1,212,235



Will Power

Ambition Drain?



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

There’s an old Yiddish phrase “un kinder aus yachsen mit bupkes ist immer bupkis!” (a child from a distinguished heritage with nothing is still nothing). In other words, it doesn’t matter how important or distinguished someone’s lineage is if each generation doesn’t otherwise live up to the family’s standards.

I think about that phrase from time to time when I hear complaints about adult children who haven’t lived up to their parents’ expectations in one way or another. Perhaps they spend too much money relative to what they earn, or they bounce from job to job without advancing their career, or they fail to finish their education.

Offentimes the complaining parents are quite successful. They might be doctors, lawyers, engineers, business owners or community leaders. Most of the time the patriarch and matriarch themselves arose from modest backgrounds and had to earn and scrape for everything they now enjoy.

Their children, on the other hand, don’t have the same frame of reference. The parents wanted their children to have it much easier than they had, so the children’s lives were easier. The children had more handed to them – they didn’t have to work and earn for everything that they have.

So is it any surprise that the children don’t have the same drive and ambition that their parents had?

Which leads me to today’s estate planning lesson. It’s not uncommon to hear a client say that they don’t want the inheritance to take their children’s drive and ambition away. A trust might be built that provides supplemental income but cannot be used for sole support.

These are all good ideas. But isn’t it a little too late to teach these lessons through a will or trust? The average life span for someone who is currently 60-something years old is 86. In other words, today’s 60-year-old can expect to live another 26 years, all things being equal.

If the children are 30 years younger, then they will become trust beneficiaries in their 50s – or maybe even their 60s. Will an incentive or supplemental needs trust really work to change habits that have been ingrained for several decades by that point?

Somehow the lessons and values that made the parents what they are need to be ingrained at a much earlier age. Anyone with any means struggles with these issues, myself included. I grew up in a very modest setting, and have worked to earn my own way from a very early age. While I didn’t want my own children to have to work like I did, somewhere there’s a line that one doesn’t want to cross.

I think that it is certainly more difficult today than it was a generation or two ago. Smart phones, the Internet, Netflix and many other modern conveniences tend to distract us from having important family dinner discussions. Travel soccer teams take away time that would otherwise be spent learning morals and values in synagogue or at church. Two-income households mean that both Mom and Dad are exhausted at the end of the day and don’t have the stamina to oversee homework or to attend school functions.

Somehow we all must work to change this dynamic.

This isn’t to say that all children are on the wrong path and will become irresponsible spendthrifts later in life. I actually believe quite the contrary. There are a lot of good kids out there who work hard to earn good grades and are quite ambitious.

But there are also many who don’t appreciate what their parents have built for them, and what their parents had to sacrifice to get the family where it currently is. And that, my friends, is not necessarily the kids’ fault.

It’s all of ours.

Hopefully, the pendulum will swing back as many realize what’s happening. Until then, I’m afraid there will be many more estate planning discussions centering on how to protect our children from themselves when they inherit the assets that took so long and hard to earn.

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From page 15B ABWA Luncheon

her exciting international career and constitutional law. This will be a fun discussion.”

ABWA welcomes the community to its monthly luncheons and to join in the discussion with the presenters

showcased in the Women in Leadership Speaker Series. Luncheons are held at Sundial Beach Resort and Spa, located at 1451 Middle Gulf Drive on Sanibel. Networking begins at 11:30 a.m. with lunch and speaker from noon to 1 p.m. Cost is \$25. RSVP at info@ABWASanibelCaptiva.org or register on Eventbrite at <https://ABWASanibelCaptiva.Eventbrite.com>.✧

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Rotary Arts And Crafts Festival Sponsor Added

Royal Shell Vacations has signed on as a sponsor of the 37th annual Sanibel-Captiva Rotary Arts & Crafts Festival, scheduled for February 15 and 16 at The Community House.

The Rotary Arts & Crafts Festival is rated one of the top 200 shows in the U.S. by *Sunshine Artist Magazine*. The juried show features over 120 artisans from around the country. Inside The Community House, there is a silent auction, which includes premier vacation stays, fine and casual dining experiences, personal services, gift baskets and jewelry.

The festival is Sanibel-Captiva Rotary's major fundraiser and generates grants of about \$100,000 to support local and international programs. The international groups work to deliver wheelchairs, provide water and shelter, eliminate polio and provide micro-finance loans to improve the health and financial stability of those in other countries.

Local organizations including FISH of SanCap, Clinic for the Rehabilitation of Wildlife (CROW), Bailey-Matthews National Shell Museum, Boy Scouts and college students are also supported by funds generated at the festival.

For more information concerning Rotary's Charity Giving or to make a contribution, contact Chet Sadler at 472-7257.✱



Team members from Royal Shell Vacations

photo provided

Sponsors Sought For Memorial Golf Outing

Sponsorship opportunities, raffle prizes and golfers are being sought for the 7th annual Bob Janes Memorial Golf Outing, to be held at Shell Point Golf Club on Wednesday, April 8.

The Lee Coast Chapter of the professional association for Military Officers and their families (MOAA) event includes registration and a light breakfast at 7 a.m.; shotgun start in four flights by handicap at 8 a.m.; and lunch and prizes awarded from 12:30 to 2 p.m. This is the foundation's primary fundraiser, which enables golfers to participate in and fund programs that serve veterans, high school and collegiate military programs independently and in cooperation with community and educational organizations.

Raymond F. Sandelli is the honorary chair. Sandelli is a former naval officer and aviator whose final tour was with the Blue Angels. He is now the Lee County Commissioner for District 3. MOAA Lee Chapter Vice President Tim Moore is the golf outing chair. He is a retired U.S. Air Force officer.

Sponsorship opportunities include:

Diamond – \$5,000-plus: Four playing positions; name included with all news releases; named on display banner and program; and hole sponsorship sign.

Platinum – \$2,500-plus: Four playing positions; named on display banner and

continued on page 20B

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Blowouts And Strikeouts



by Howard Prager

Unlike the past NFL playoffs, the conference championship games were yawners, other than the records set. The Chiefs and the 49ers easily dominated their opponents. A few records were set by Raheem Mostert of the 49ers, who became the only player in NFL history with at least 200 rush yards and at least four rushing touchdowns in a playoff game. Mostert also became just the first player to score at least four rushing TDs in a conference title game and the only player in NFL history with at least 150 rushing yards and three rushing touchdowns in a single half of a playoff game. On the AFC side, Derrick Henry of the Titans rushed for the most yards in playoff games (despite losing), beating John Riggins 37-year old record with 446 total yards.

Let's get on to the real debate today, and that's the Houston Astros. Sign stealing in baseball is legal. Electronic sign stealing, and doing so on a team-wide basis, is not. What does this mean? What should be done? Were they penalized enough? What does this say about ethics and sports? How far is this going to go beyond the Astros?

First, what does this mean? Sign stealing allows the hitter to know, not guess, what pitch is coming. If they can know that, they can prepare for that pitch which gives the hitter a big advantage and takes away any advantage the pitcher may have.

Second, what should be done? Immediate action was necessary. I'm not sure what major league baseball

did was serious enough (manager and general manager both on one year probations, \$5M fine, loss of first and second round draft picks for two years). The Astros then fired both the manager and GM, yet the owner of the Astros said he's looking inside for replacements. If he's looking inside the organization, how does this change the culture that allowed this to happen? Two other managers have been fired, Alex Cora of the Red Sox and Castro Beltran of the Mets, both implicated in the MLB report. I expect further repercussions. Were the Astros penalized enough, since they still have their full team intact (other than free agents)? And what to do about the Astros World Series win in 2017 and the teams they beat before the Nationals last year, do those records still stand? Is there an asterisk by them? Incidentally, how the heck did the Nats beat this system?

Third, what are the ethics of this? If baseball is a game of a pitcher, catcher, hitter and manager trying to outwit the other, I believe organized sign stealing takes away from that. How does this compare with steroid use, gambling, etc.? What surprises many is that the Astros had a strong team regardless of this. This writer felt that way about Barry Bonds – he was already a strong hitter anyway, why take steroids?

In corporate America, if someone is caught violating rules, they are thrown out. Examples include McDonalds where the CEO was gone for violating the company policy and Boeing's CEO was out for the 737 Max tragedy. Here, the people who carried this out – the video people, the garbage can bangers and the players – are not penalized at all. Is that right? What message does this send to fans and to youth? That is unless so many teams are doing it that it would decimate baseball teams and rosters. Then we have a far larger and more pervasive problem.

Fourth, what changes need to be made now? Former Los Angeles Angels

manager Mike Scioscia said, "We need to put a stop to it. The video room that's near proximity to the dugout in ballparks, that's got to go. That's got to be abolished. No more video rooms anywhere near the dugout. Move the replay (monitors) upstairs by the press box. Ban all communication to the dugout. The first step has to be to get all live video away from the dugout because too many teams have a video room close to it, which is a huge temptation. And shut down the video room. It should be in the clubhouse. We can't have live feed anywhere." But we need some live feed for when a manager challenges a call. Does that mean a coach must be upstairs or in the locker room, and in touch with a manager for challenging calls only?

We haven't seen the last of the scandal and its impact. With Spring Training less than a month away, there's bound to be more that we learn. I worry about teams that set home run records last season and hope they aren't caught up in this. Stay tuned.

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager

is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to press@islandsunnews.com.✱✱

From page 19B

Golf Outing

program; and hole sponsorship sign.

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Hole Sponsor – \$150: hole sponsorship sign.

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SPORTS QUIZ

1. True or false: Boston Red Sox great Ted Williams is not in the top 20 for highest slugging percentage in a single season.
2. In 2018, Ronald Acuna Jr. set an Atlanta Braves single-season record of eight leadoff homers. Who had held the team mark?
3. Place-kickers Adam Vinatieri (599) and Morten Andersen (565) are 1-2 in career NFL field goals made. Who is No. 3?
4. When was the last time before 2019 that Auburn's men's basketball team made it as far in the NCAA Tournament as the Elite Eight?
5. Who scored the overtime goal against New Jersey to send the New York Rangers to the 1994 Stanley Cup Finals?
6. Mikaela Shiffrin set a record in 2019 for most career World Cup slalom wins by any skier. Who had held the mark?
7. In 2019, golfer Viktor Hovland set a new mark for lowest total score by an amateur (280) at the U.S. Open. Who had the previous record?

ANSWERS

1. False. He holds the 17th (.7346 in 1941) and 19th (.7310 in 1957) spots. 2. Markquis Grissom had seven leadoff homers in 1996. 3. Gary Anderson, with 538 field goals made. 4. It was 1986. 5. Stephane Matteau. 6. Sweden's Ingemar Stenmark, with 40 World Cup slalom wins (1974-87). 7. Jack Nicklaus had a 282 score as a U.S. Open amateur in 1960.

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Beautifulife:
It's OK



by Kay Casperson
Why do we consistently put ourselves in a situation where we feel like we are obligated to do something? Why do we beat ourselves up for not wanting to do something,

making the wrong decision, or, more importantly, for others not agreeing with our choices?

Today I am going to give you my blessing on the scenarios in life that make you feel like you either made a mistake, chose wrong, decided to say no, or just plain checked out. Instead of feeling bad or letting things affect you, how about just being OK with it and moving on. I will give you a few scenarios below:

If someone invites you to something and says, "Would you like to come?" – It's OK to say, "I wish I did, but I don't." I heard this one from a friend and loved it.

If you're tired or not feeling your best – It's OK to take the time for yourself to rest and recover. We all need to now and then.

If someone doesn't act like they like or agree with you – It's OK, because you are not going to like and agree with

everyone either.
If you make a mistake or hurt someone's feelings – It's OK, because you can accept that you were wrong, do what you can to fix it, and move on. We all make them.

Regardless of the times in life that just plain tug on your emotional heartstrings, two words will always get you through to the next one, and those are, "It's OK."

I try to set a good example for my children in terms of saying no once in a while so that they can make the right decisions about doing things or not doing something. After all, it is easy to think we can take on the world and be everything to everyone, but in fact, it is not, and there will be an overload point.

Remember that most things in life are not that earth-shattering, and if we take the time to look around at others that are dealing with issues that are far bigger than our own, we will understand that everything will be OK with our gentle personal reminders now and then.

My affirmation for you this week is: "I will choose wisely the things that take up my precious time to be content with my decisions and actions."

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www.kaycasperson.com or follow on social media @kaycasperson.✧

Doctor and Dietician
Read A Book



by Ross Hauser, MD
and Marion Hauser, MS, RD

Many people's daily reading focuses on Facebook, tweets, or Instagram's rapidly changing photos. Not only does this overstimulate our brains, it may lead to unhappiness, anxiety, depression, higher spending and short-term memory loss, as researchers from the Royal Institute of Technology point out.

Reading has many health benefits!

1. Mental Stimulation – Studies show that staying mentally stimulated can slow down the process of dementia or Alzheimer's by keeping your brain active and engaged. In addition to reading, thinking games like chess, cards, or crosswords or puzzles also stimulates the brain.

2. Knowledge – Reading provides new information stored in our brains. Nobody can ever take this from us. Knowledge is power, providing increased abilities to tackle different challenges in life.

3. Improved vocabulary and writing skills – When interviewing new staff at Caring Medical, you can tell readers from non-readers. The more you read, the more word exposure, enhancing

your ability to articulate verbally and in writing. This not only helps with self-esteem but contributes to better job performance.

4. Stress reduction – There is no better stress reducer than losing yourself in a great book, stimulating the imagination, reducing tension, and allowing relaxation and not thinking about the present.

5. Improved thinking skills – Books with intricate plots increase our critical and analytical thinking skills by challenging us to figure things out. Discussing books with others also allows you to think more deeply about the book's meaning.

6. Enhance concentration, attention and memory – Attention Deficit Disorder (ADD)-like behavior is rampant in our society, and people have difficulty focusing on one topic or even holding conversations. Reading books focuses our attention on the story, immersing ourselves into book details, allowing us to improve our focus and concentration, not to mention our memory as we must remember the details of the characters and plot.

7. Low cost entertainment – Our Sanibel Public Library has books available to check out or borrow online – something for everyone. Amazon also offers free kindle books that can be downloaded. Or you can exchange books with your friends – pass them along!

Step away from your devices, open a book, and replenish your brain and soul!

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.✧

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dearRPharmacist

Strategies For Men With Enlarged Prostate



by Suzy Cohen, RPh

Dear Readers: The uncomfortable symptoms may occur at any age, and hormone imbalances can lead to prostate enlargement. The condition is abbreviated as BPH which stands

for Benign Prostatic Enlargement. Unfortunately, we're seeing BPH and prostatitis occur in younger men, like men in their 30s! The associated problems with prostate dysfunction include frequent nighttime urination which can disrupt sleep, urgency, painful urination and lower pelvic or rectal pain.

Testosterone or "T" is a hormone that both men and women make, and it's broken down by two different pathways. That's the most important part, however the break-down of testosterone is most important. A urine test can check for the metabolites and answer that question. It's called the "Dutch Complete test," and you can ask your doctor about it, or visit my website to purchase it directly since I'm a provider.

Testosterone (T) is produced in both men and women and is considered the libido hormone. T either breaks down the 5-alpha reductase or the 5-beta reductase pathway.

If it goes down the 5-alpha pathway, it turns into a potent androgen called DHT

(short for dihydrotestosterone). So you know, DHT is the type of testosterone that, in excess, is associated with male pattern baldness and BPH. In a woman, DHT is associated with PCOS, a painful condition of ovarian cysts.

So controlling the production of DHT is very important because you don't want too much T breaking down the 5-alpha pathway. It's androgenic. Right now, I'd like to share the five powerful strategies that may help you. Ask your doctor what's right for you:

1. Quercetin – Quercetin gives color to fruits and vegetables, and supplements of this can help with prostate size and pain levels.

2. Pumpkin Seed Oil – You can buy this as a dietary supplement (softgel) or as an actual cold-pressed oil to use on salads and cook with. Eating pumpkin seeds are another way to garner the benefits.

3. Selenium – Taking about 100 to 200 mcg per day could be useful.

4. Vitamin D – About 2,500 to 5,000 international units per day might be of value. There is some research to show that vitamin D levels are important for prostate health, and that it can help shrink the prostate for some men.

5. Saw Palmetto-Based Supplements – There are a plethora of supplements available at health food stores that have saw palmetto in them, including NOW's brand of prostate support or New Chapter's blend of prostate 5LX. These are multi-tasking formulas that you can review for yourself, or find one that feels right for you.

Taking ibuprofen or applying a hot pack can help with mild pain. It goes without saying that if you have these types of prostate-related symptoms, you should see a qualified professional for a complete work-up. There are many other considerations that I can share with you

in my longer version of this article. If you sign up for my newsletter, I will send it to you by email. For example, other considerations include levels of thyroid, thyroid antibodies, insulin, leptin, zinc, blood sugar and prolactin. A head injury can cause BPH by affecting pituitary

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: Our 16-year-old daughter is very regimented and she has no friends. She is a great student but, as parents, we are very worried about her as she doesn't do anything social

with others. What can we do?

A: Have you spoken with your daughter about this? Perhaps she is feeling depressed and alone and feels she may be rejected by her peers. I would have a talk with her and, if she is feeling depressed, it is important for her to talk with a professional and explore what is causing her depression. Also you want to find out if she has taken the steps to make some friends. If she has and nothing has worked, I would contact her school counselor and set up a meeting for some ideas on initiating some new friends. Some

hormones.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✱

possible options would be to join a club or a sport.

What your daughter likes is key because she could invite someone to join her for an after-school activity that she enjoys. Be supportive and let her know that you care and want the best for her. Sometimes just getting some professional support so she knows she is not alone can be helpful.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@gmail.com or visit www.drconstanceclancy.com.✱

Overeaters Anonymous

If food is a problem for you, Overeaters Anonymous can help. Meetings are held in Room 130 at Sanibel Community Church on Tuesdays from 5 to 6 p.m. and on Fridays at 4 p.m.

For more meeting information, visit www.southwestfla.org.

Sanibel Community Church is located at 1740 Periwinkle Way.✱

From page 8B

Center 4 Life

"monkey mind" and helps to reduce stress. When combined, these techniques lead to a meditation that generates a peaceful presence and an overall "good to be alive" feeling. Non-skid shoes are required. Paul Lawrence is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and

balance. Athletic footwear required.

Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.✱

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Lee County Sheriff's Office	477-1200
On Call Captiva Deputy	477-1000
Fire Department - Sanibel	472-5525
Fire Department - Captiva	472-9494
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
Chamber of Commerce	472-1080
City of Sanibel	472-4135
Administrative Office	472-3700
Building Department	472-4555
Planning Department	472-4136
Library - Sanibel	472-2483
Library - Captiva	239-533-4890
Post Office - Sanibel	472-1573
Post Office - Sanibel (toll free)	800-275-8777
Post Office - Captiva	472-1674
Sanibel Community Association	472-2155
Center 4 Life - Senior Center	472-5743
ARTS	
Arcade Theater	332-4488
Art League Of Fort Myers	275-3970
BIG ARTS - Barrier Island Group for the Arts	395-0900
Broadway Palm Dinner Theatre	278-4422
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	277-1700
Lee County Alliance for the Arts	939-2787
Naples Philharmonic	597-1111
The Herb Strauss Schoolhouse Theater	472-6862
Sanibel Music Festival	336-7999
Sanibel-Captiva Art League	sancapart.com
SW Florida Symphony	418-0996
Symphonic Chorale of SW Florida	560-5695
CLUBS & ORGANIZATIONS	
ABWA - American Business Women's Assoc . .	http://abwasanibelcaptiva.org
American Legion Post 123	472-9979
Angel Flight SE	1-877-4AN-ANGEL
Audubon of SWFL	https://www.audubonswfl.org/
Audubon Society	472-3744
CHR Community Housing & Resources	472-1189
Community Foundation of Sanibel-Captiva	274-5900
COTI Committee of the Islands	coti@coti.org
CROW - Clinic For The Rehabilitation of Wildlife	472-3644
Democratic Club of the Islands	Demclubislands@gmail.com
Disabled Am Vets #108 (San-Cap Rep Ted Tyson) Help 211	984-5920
FISH OF SANCAP Neighbors Helping Neighbors	472-4775
FISH. OF SANCAP 24-hr service	472-0404
Sanibel Island Fishing Club	472-8994
Horticultural Society of the Islands	472-6940
Horticulture and Tea Society of Sanibel and Captiva	472-8334
Kiwanis Club	677-7299
League of Women Voters	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald	302-521-1158
Master Gardeners of the Islands	472-6940
MOAA - Military Officers Assc. of America, Alex MacKenzie	395-9232
Newcomers	472-9332
Notre Dame Club of Southwest Florida	768-0417
Optimist Club	472-0836
PAWS - Protection of Animal Welfare Society	472-4823
Rotary Club	472-7257 or 472-0141
Sanibel Bike Club	sanibelbicycleclub.org
Sanibel Beautification Inc.	470-2866
Sanibel-Captiva Orchid Society	472-6940
Sanibel-Captiva Power Squadron	www.sancapboating.club
Sanibel-Captiva Republican Caucus	395-0819
Sanibel-Captiva Shell Club	facebook.com/sancapshellclub
Sanibel Youth Soccer	www.sanibelsoccer.org
Shell Islands Garden Club	246-8875
United Way of Lee County	433-2000
United Way 211 Helpline 24 hour	211 or 433-3900
Zonta Club	728-1971
ISLAND ATTRACTIONS	
Bailey-Matthews National Shell Museum	395-2233
JN "Ding" Darling National Wildlife Refuge	472-1100
Sanibel Historical Museum & Village	472-4648
SCCF Sanibel-Captiva Conservation Foundation	472-2329

To be listed in calling card email your information to:
press@islandsunnews.com

PETS OF THE WEEK

photos provided

Lee County Domestic Animal Services

CJ And Sox



CJ ID# A805188

Does this Superhero remind you of another famous former resident of Lee County Domestic Animal Services? I am a 3-year-old male hound mix who's name is no small coincidence. I remind volunteers of Deputy Chance so much that they honored me with a name reflecting the similarities we share. As you can see, I think I am ready to fight crime like my great counterpart – or perhaps just chase some tennis balls, go for long walks and hang out after a long day with you and your family! Now through January 31 during the Skip the Jog and Walk the Dog promotion, my adoption fee is just \$25 with an approved application.

My adoption fee is \$25.
I bet you don't have to wonder how I got my name Sox... you guessed it. I have four white paws that I love to tuck under when I sit down. I also like to use them to 'make biscuits' when I am content

Haven on Earth Animal League

Eve

Hi There! My name is Eve -- perfect for Christmas Eve and New Year's Eve. I'm only about two or three years old, so I'm still young and playful. I've had a rough life so I'm looking for someone to love me forever. I was found in a garden center, trying to protect my five kittens. I was emaciated, full of tapeworms and missing fur. Luckily, someone from Haven on Earth Animal League took me in and fostered me. I'm all better now and ready to spend my life being pampered, as I should be. I am very affectionate and like to cuddle in bed or on the sofa with my human. I get along with other cats, and I even like the dogs in the house – but don't tell anyone. If you want to meet me, call Aviva (my foster mom) at 204-6849 or email Haven on Earth Animal League at havenonearthanimalleague@yahoo.com.

We are being cared for by Haven on Earth Animal League.
For more information, call Diane at 860-833-4472 or email havenonearthanimalleague@yahoo.com.✧

PAWS Of Sanibel

One Kitten Remaining

PAWS, in conjunction with VCA Coral Veterinary Hospital in Fort Myers, is down to only one of three beautiful kittens up for adoption. The male kitten is approximately 14 weeks old; his brother and sister were adopted last week. He has had his first round of shots; worming and combo test were negative. For a \$50 adoption fee, he will be spayed/neutered but remaining shots will be at owner's expense. Medical records will be provided.

Call Pam at PAWS at 472-4823, if you'd like to take one, two or all three of these gorgeous kittens home in 2020.✧



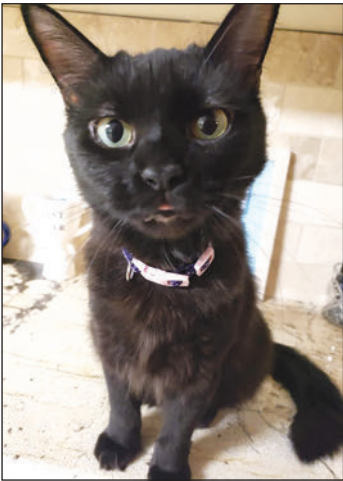
Sox ID# A689235

and happy. I am a 3-year-old female domestic shorthair who is your typical house cat that likes to just hang out and chill. If you are looking for a low-maintenance partner that will be there for love and companionship, I am definitely the girl for you.

My adoption fee is \$50, and you can adopt me and get a feline friend for free.

People make millions of New Year's resolutions each January. Lee County Domestic Animal Services invites you to Skip the Jog and Walk a Dog as part of yours. Make pets a part of your New Year's plan and consider that a new pet can help you achieve many of the most popular goals set each year. The adoption fee for dogs over 30 pounds will be just \$25 through January 31 to assist potential pet owners in finding a new exercise partner and best friend.

The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at www.leegov.com/animalservices or call 533-7387.✧



Eve



The remaining male of three kittens to be adopted

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PUZZLES

Answers on page 31B

Super Crossword

THE LATEST FASHION

- ACROSS
- 1 Stuff pumped into a 747

8 Bracing devices

14 Teeny bit

20 "Stephen," to the French

21 Rip into

22 Untrue rumor

23 Start of a riddle

25 "Ironic" singer

26 Enzyme name ender

27 Solo for a 41-Across

28 Not feeling well at all

30 Set aflame

31 Riddle, part 2

39 Shar- —

40 No, to Burns

41 Certain opera singer

42 Actress

43 Bit of slander

44 Neighbor of a Croat

46 The, to Josef

48 Apt rhyme of "grab"

50 — -O-Fish (McDonald's sandwich)

52 Riddle, part 3

59 Very pungent

61 Certain opera singer

62 Adders, e.g.

63 Most blaring

66 Sculling tools

68 As blind as —

69 Elegant tree

72 Pharmacy amount

73 Riddle, part 4

76 Blackthorn

77 Fire residue

78 Lady Grey

79 Sauce brand since 1937

80 Stays away from

82 Total or Life

84 Neighbor of a Swede

86 Goes fast

87 Riddle, part 5

93 NATO part

94 Mineo of "Tonka"

95 Knighted one, e.g.

96 Pleasant

99 The Beatles' "— Loser"

100 "Citizen X" actor

103 Equine noise

107 Do a lawn chore

109 Relo vehicle

110 End of the riddle

115 Dir. from Del. to Vt.

116 Busy mo. for a CPA

117 Big particle physics lab in Switz.

118 "Hail, Nero!"

119 Big name in sneakers

121 Riddle's answer

128 Lenient

129 Beethoven's Third, familiarly

130 Mark Antony's wife

131 Local lingoes

132 Wet slightly

133 Wee baby

DOWN

1 Seder celebrant

2 Ordinal number ender

3 Carrere of "True Lies"

4 Beyond embryonic

5 Oneness

6 Baja California resort port

7 Permit to

8 Biblical angel

9 Chicana, e.g.

10 Many flying creatures

11 Got together

12 Compadre

13 "Shrek!" author

14 Like time, speed and temperature

15 Bad, to Luc

16 Including everything

17 Author Steel

18 More sandlike

19 MS markers

24 "Yuk" relative

29 PC screen variety

31 Special — (mil. group)

32 Toll, for one

33 Atomizer for spraying paint

34 Turned right on a horse

35 Has no life

36 — Ark (biblical boat)

37 With 57-Down, supporter for a caterer's dishes

38 Pets' docs

45 Groom's partner

47 Microwave brand

49 Unoriginal

51 Indefinite things

53 Keats verse

54 Gobs

55 Railing locale

56 Hurricane relative

57 See 37-Down

58 Green-lights

59 Alan of "White Mile"

60 Doves' calls

64 Horrify

65 Reasonably muscular

67 Lactose, e.g.

69 Unrequired course

70 Rob of the Brat Pack

71 Disorder

74 Gets close

75 Mom or dad's sister

76 "Da Doo Ron Ron" singer

78 — Tull (rock band)

81 — -Magnon man

82 Persian, e.g.

83 Country singer Rimes

85 Suffix with lion

87 Army group

88 Ball of perfume in a closet

89 Exhausting

90 Urged in defense

91 Intentions

92 Close friendship between guys

97 "Wheels"

98 Nav. officer

101 Expunges

102 African viper

104 Implant that helps in returning a lost pet

105 Athens' land

106 Husband of Lily Munster

108 Greet with a hand motion

111 Resulted in

112 Followed a curved path

113 Hit skit show since '75

114 "— & Kel" (1990s teen show)

119 — Khan

120 Height fig.

122 Hunters' gp.

123 — de plume

124 Cyclotron bit

125 Actress Longoria

126 Apt humor

127 Letter encl. to facilitate a reply
- | | | | | | | | | | | | | | | | | | | | | |
|-----|-----|----|----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|----|-----|-----|---------|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | | 8 | 9 | 10 | 11 | 12 | 13 | | 14 | 15 | 16 | 17 | 18 | 19 |
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| 31 | 32 | 33 | | | | | 34 | | | | | 35 | 36 | | | | 37 | | | 38 |
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| 59 | 60 | | | | | | | 61 | | | | | 62 | | | | | | | |
| 63 | | | | | 64 | 65 | | 66 | | | | 67 | | 68 | | | | 69 | 70 | 71 |
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| 93 | | | | | | | | 94 | | | | | | 95 | | | | 96 | | 97 98 |
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| 119 | | | | | | | | | 121 | 122 | 123 | | | | 124 | | | | 125 | 126 127 |
| 128 | | | | | | | | | | 129 | | | | | 130 | | | | | |
| 131 | | | | | | | | | | 132 | | | | | 133 | | | | | |
- King Crossword
- ACROSS

1 Cleans the floors

5 Pouch

8 One of the Three Bears

12 Admitting customers

13 Time of your life?

14 Change for a five

15 Draped dress

16 Sailor

17 Western state

18 Deceptive

20 Melody

22 Lengthwise, to 16-Across

26 In spades

29 Actress Farrow

30 Mai — (cocktail)

31 Exceptional

32 Corral

33 Check

34 Film trickery, for short

35 One of the Brady Bunch

36 Cartoonist

37 Everywhere

40 Surround

41 Attachments

45 Blunder

47 Rowing need

49 Help in crime

50 Padlock fastener

51 Oilfield struc-

8 100 pence

9 Enemy of an "army"?

10 Vocal come-back

54 Hearty brew

55 Surmounting

11 Shade of blonde

19 Plaything

21 Actress Merkel

23 Make corrections

24 Equitable

25 Wee

26 St. Louis landmark

27 Creche trio

28 Annoyingly proper

32 Internet radio

33 Numbers to be crunched

35 Cookie container

36 Deity

38 Ballerina in "Fantasia"

39 Ginormous

42 Last write-up

43 "Finding —"

44 Flight component

45 That girl

46 Fond du —, Wis.

48 Have something
- | | | | | | | | | | | | | |
|----|----|----|----|----|----|----|----|----|----|---|----|-------|
| 1 | 2 | 3 | 4 | | 5 | 6 | 7 | | 8 | 9 | 10 | 11 |
| 12 | | | | | 13 | | | | 14 | | | |
| 15 | | | | | 16 | | | | 17 | | | |
| 18 | | | | | 19 | | | 20 | 21 | | | |
| | | | | 22 | | | 23 | | | | 24 | 25 |
| 26 | 27 | 28 | | | 29 | | | | 30 | | | |
| 31 | | | | | 32 | | | | 33 | | | |
| 34 | | | | | 35 | | | | 36 | | | |
| 37 | | | | 38 | | | | 39 | | | | |
| | | | 40 | | | | | 41 | | | 42 | 43 44 |
| 45 | 46 | | | | 47 | 48 | | | 49 | | | |
| 50 | | | | | 51 | | | | 52 | | | |
| 53 | | | | | 54 | | | | 55 | | | |
- MAGIC MAZE ● SONGWRITERS HALL OF FAME
- R K H E B Y V N S P M N J H E
B Y V T Q O L M O I G I D P B
Y W T N Y R I P M N K L O I F
D B K Y I E R W U S N R Q O M
S T E P H E N F O S T E R K I
F D R D D N T T B E D B L Z X
W U N N I W H S R E G E E S S
Q O O L O N A K N A L Y D L J
S W P H F D C V A R C Y W V T
N O M I S S E Q P N E C L K I
J H F E C R B Z Y W V B M U S
- Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
- Anka
Berlin
Bernstein
Denver

Dylan
Gershwin
Joplin
Kern

McCartney
Porter
Seeger
Simon

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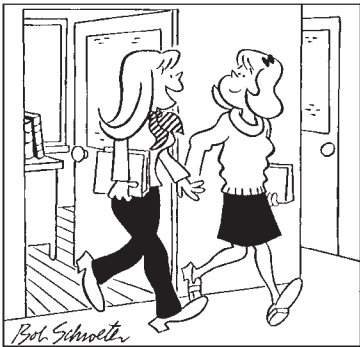
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Bob Schmoetz

"Great news! They're going to allow _____ in cooking class."

Answer on page 31B

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Crustacean **WARP** N

Waver **BEL** BOW

Organize **GRAN** EAR

Ordinary **CAPIT** YL

TODAY'S WORD

4				5		3		
	1		7		2		9	
		3			4			7
3		7		8			5	
	2		4			6		
1					5			2
	6			2			8	
		9			8			5
8			9			2	7	

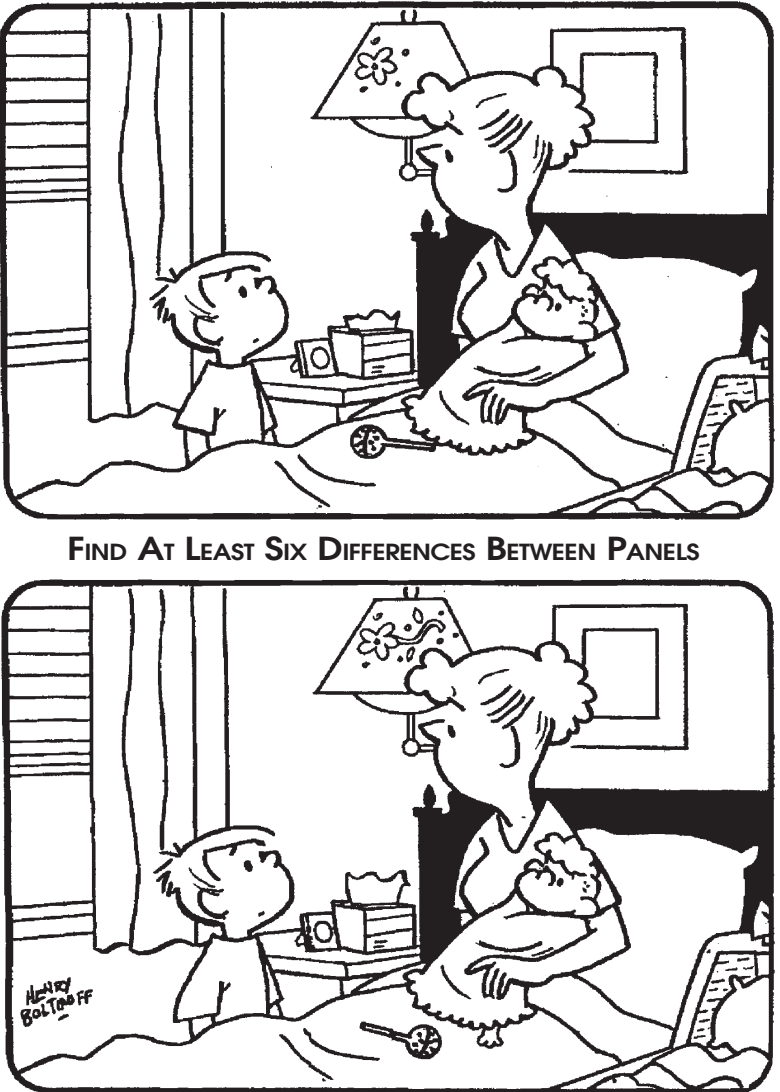
SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

Answer on page 31B

HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS

Differences: 1. Lamp is different. 2. Curtain is shorter. 3. Rattle is moved. 4. Foot is showing. 5. Sleeve is longer. 6. Tissue is higher.

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My Stars ★★★
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Aries (March 21 to April 19) Use that Arian charm to help make a difficult workplace transition easier for everyone. News about a long-awaited decision can be confusing. Don't jump to conclusions.
Taurus (April 20 to May 20) Although you might well be tempted to be more extravagant than you should be at this time, I'm betting you'll let your sensible Bovine instinct guide you toward moderation.
Gemini (May 21 to June 20) An opportunity for travel could come with some problems regarding travel companions and other matters. So be sure you read all the fine print before you start packing.
Cancer (June 21 to July 22) Make an effort to complete your usual workplace tasks before volunteering for extra duty. Scrambling to catch up later on could create some resentment among your colleagues.
Leo (July 23 to August 22) A financial matter could have you rethinking your current spending plans. You might want to recheck your budget to see where you can cut back on expenses until the situation improves.
Virgo (August 23 to September 22) One way to make your case for that promotion you've been hoping for might be to put your planning

skills to work in helping to shape up a project that got out of hand. Good luck.
Libra (September 23 to October 22) Be careful about "experts" who have no solid business background. Instead, seek advice on enhancing your business prospects from bona fide sources with good success records.
Scorpio (October 23 to November 21) Standing up to support a colleague's viewpoint – even if it's unpopular – can be difficult if you feel outnumbered. But you'll win plaudits for your honesty and courage.
Sagittarius (November 22 to December 21) While progress continues on resolving that recurring problem, you might feel it's taking too long. But these things always need to develop at their own pace. Be patient.
Capricorn (December 22 to January 19) Someone close to you might have a financial problem and seek your advice. If you do decide to get involved, insist on seeing everything that might be relevant to this situation.
Aquarius (January 20 to February 18) A personal matter takes an interesting turn. The question is, do you want to follow the new path or take time out to reconsider the change? Think this through before deciding.
Pisces (February 19 to March 20) Moving into a new career is a big step. Check that offer carefully with someone who has been there,

done that, and has the facts you'll need to help you make your decision.

Born This Week: Your warmth and generosity both of spirit and substance endears you to everyone.

- It was Nigerian poet and novelist Ben Okri who made the following sage observation: "Beware of the stories you read or tell; subtly, at night, beneath the waters of consciousness, they are altering your world."
- Pure water doesn't conduct electricity; in fact, it's an insulator. It's the impurities in water that conduct electricity – making it a bad idea to use a hair dryer in the shower. There are underground lakes so pure that you can safely change a light bulb in them.
- The old Pony Express has been romanticized in modern times, but it's rarely pointed out that it was a financial failure. The mail delivery service actually lost an average of \$13 for every item it carried.

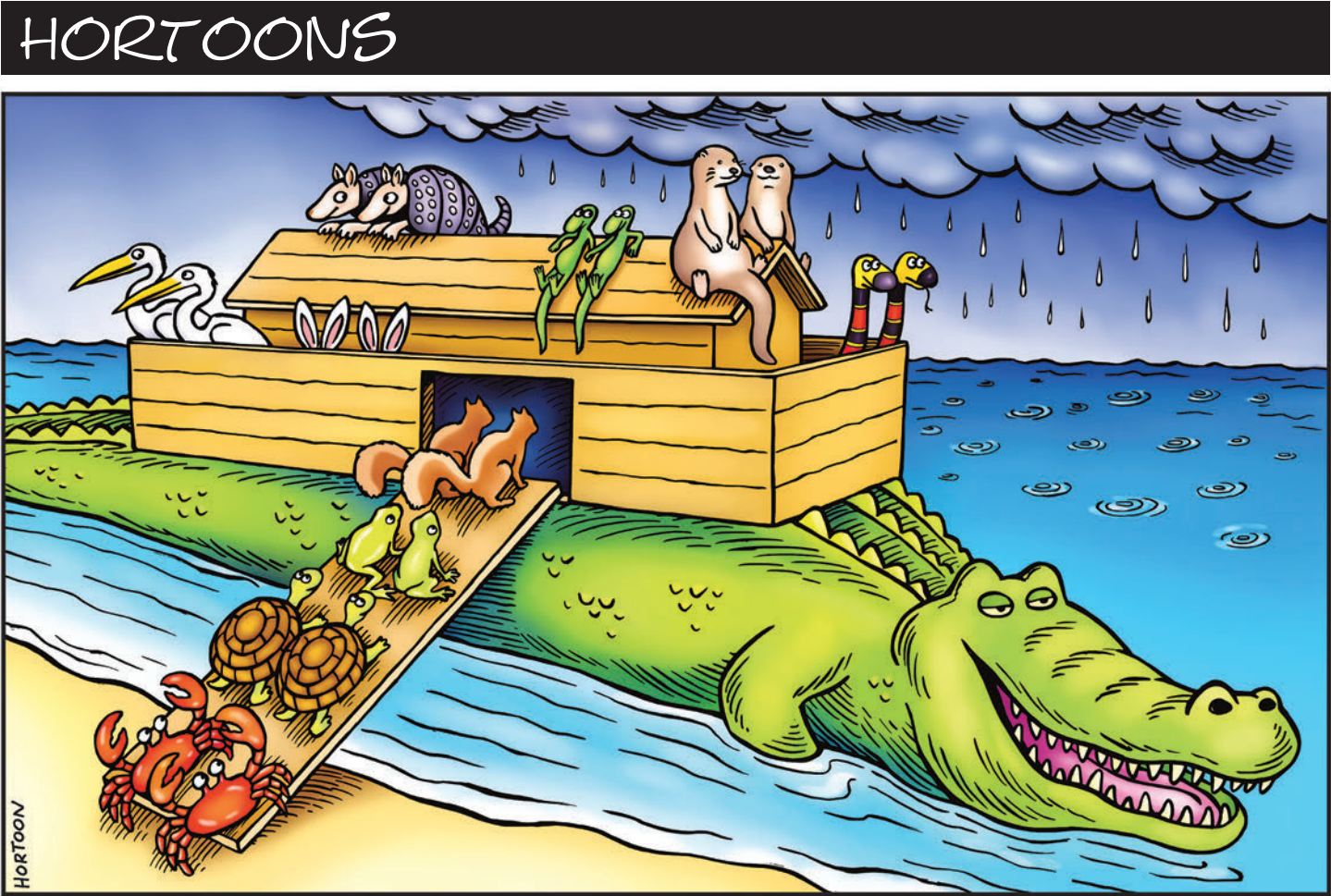
THOUGHT FOR THE DAY

"When you're traveling, you are what you are right there and then. People don't have your past to hold against you. No yesterdays on the road." – William Least Heat-Moon

SCRAMBLERS

1. Prawn; 2. Wobble;
3. Arrange; 4. Typical

Today's Word
PRAYER



PUZZLE ANSWERS

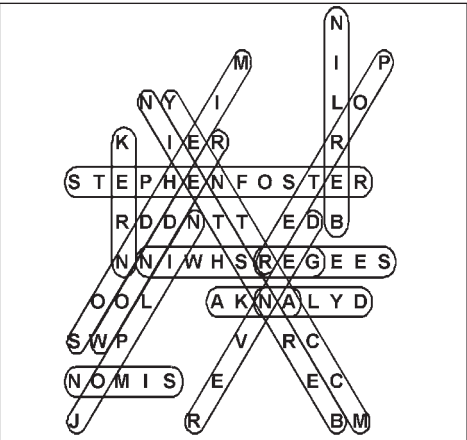
SUPER CROSSWORD

J	E	T	F	U	E	L		C	L	A	M	P	S	S	M	I	D	G	E
E	T	I	E	N	N	E		H	A	V	E	A	T	C	A	N	A	R	D
W	H	A	T	I	S	T		H	E	T	I	T	L	E	A	L	A	N	I
		A	S	E				A	R	I	A				I	L	L	I	T
O	F	A		L	O	N	G	R	U	N	N	I	N	G	C	A	B	L	E
P	E	I		N	A	F		B	A	S	S	O	D	R	U		L	I	F
S	E	R	B		D	E	R					N	A	B		F	I	L	E
		B	R	O	A	D	C	A	S	T	T	H	A	T	O	F	F	E	R
A	C	R	I	D				A	L	T	O	S	N	A	K	E	S		
L	O	U	D	E	S	T		O	A	R	S		N	A	B	A	T	E	L
D	O	S	E	C	O	N	T	I	N	U	A	L	L	Y	S	L	O	E	S
A	S	H		C	E	R	E	A	L	R	A	G	U	E	S	C	H	E	W
				C	E	R	E	A	L		D	A	N	E			R	A	C
U	N		D	A	T	H		R	E	P	O	R	T	S	A	B	O	U	T
N	O	R	T	H	S			S	A	L				S	A	I	R	N	I
I	M	A		R	E	A		N	E	I	G	H			M	O	W	V	A
T	A	I		L	O	R	S	A	N	D	R	E	S		S	M	A	K	E
N	N	E		A	P	R			C	E	R	N				S	M	A	V
A	D	I	D	A	S														
G	E	N	T	L	E			C	N	N	H	E	M	L	I	N	E	N	E
A	R	G	O	T	S			E	R	O	I	C	A		O	C	T	A	V
								D	A	M	P	E	N		E	O	N	A	T

KING CROSSWORD

M	O	P	S	S	A	C	P	A	P	A
O	P	E	N	A	G	E	O	N	E	S
S	A	R	I	T	A	R	U	T	A	H
S	H	I	F	T	Y	T	U	N	E	
	F	O	R	E	A	N	D	A	F	T
A	M	P	L	Y	M	I	A	T	A	I
R	A	R	E	P	E	N	R	E	I	N
C	G	I	J	A	N	G	A	R	R	Y
H	I	G	H	A	N	D	L	O	W	
	G	I	R	D	A	D	D	O	N	S
S	L	I	P	O	A	R	A	B	E	T
H	A	S	P	R	I	G	T	I	M	E
E	C	H	O	A	L	E	A	T	O	P

MAGIC MAZE



SUDOKU

4	7	2	8	5	9	3	6	1
6	1	8	7	3	2	5	9	4
5	9	3	1	6	4	8	2	7
3	4	7	2	8	6	1	5	9
9	2	5	4	1	7	6	3	8
1	8	6	3	9	5	7	4	2
7	6	4	5	2	1	9	8	3
2	3	9	6	7	8	4	1	5
8	5	1	9	4	3	2	7	6

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Murano	Miromar Lakes	2014	4,233	\$2,245,000	\$1,950,000	251
Yacht Club	Cape Coral	2004	4,299	\$2,190,000	\$2,070,000	57
Kinzie Island	Sanibel	1997	4,604	\$2,150,000	\$2,150,000	63
Wiles	Captiva	2000	2,867	\$1,799,999	\$1,325,000	318
Orchid Ridge	Estero	2003	5,075	\$1,675,000	\$1,525,000	65
Serrano	Bonita Springs	2006	3,892	\$1,189,000	\$1,170,000	136
Palmetto Point	Fort Myers	1977	2,999	\$1,095,000	\$1,035,000	246
Waterside	Estero	1997	3,483	\$1,059,000	\$942,000	17
Sanibel Estates	Sanibel	1969	1,601	\$995,000	\$995,000	2
Nature's Cove	Estero	2001	3,638	\$829,900	\$812,500	26

What Are Island Real Estate Prices? From \$134,900 to \$16,895,000

Currently for sale on Sanibel: 135 condos, average price \$831,257 200 homes, average price \$1,447,162 72 lots, average price \$712,910
Currently for sale on Captiva: 40 condos, average price \$1,198,691 43 homes, average price \$3,027,879 5 lots, average price \$3,897,600
(data from Sanibel & Captiva Islands Multiple Listing Service 1/17/2020)



1238 Isabel Dr in Sanibel Harbours
A tropical oasis nestled in a special neighborhood. Spectacular spacious recently-renovated pool home overlooking San Carlos Bay, plus lot with dock/lift in boat basin. Great for entertaining, family fun, or comfortable 1-level living with 4-stop elevator to 3-car garage & upper levels. \$3,595,000



842 Limpet Dr in Shell Harbor
Remodeled top-to-bottom inside-&-out. Central great room with sliders to pool. 3 private suites plus den & 1/2 bath at ground level, loft above. On deep-water-access canal. 140' sea wall, 90' dock, boat lift. Community beach access with parking on East Gulf Dr. \$2,095,000 decorator furnished



Gulfside Place #222 at 1605 Middle Gulf Dr
Spacious residential condo in private stand-alone tier overlooking courtyard, facing beach. Fully updated & reconfigured to maximize comfort & storage. High-end finishes in neutral natural tones to complement view. Covered parking & large private storeroom below. Resort-like amenities. \$1,297,000



Sandalfort #2D2 at 671 East Gulf Dr
Fully-equipped easily-rented 2nd-floor end-unit 2 bedroom. Low fees & 4-night minimum in off-season (weekly in winter), make this condo an easy entre for investors & vacationers. On-site office & management, plus heated pool, tennis, pickleball, shuffleboard, bbqs, wi-fi, & laundries. \$699,000



Lighthouse Point #211 at 200 Periwinkle Way
Spacious (2,000+sq. ft.) residential condo with 2 open terraces overlooking natural lagoon to bay. Updated kitchen & baths. Covered parking & storeroom below. East-end convenience & handy to fishing pier, bike path, restaurants/shops of olde Sanibel. Clubhouse with pool, tennis too. \$599,000



9448 Begonia Ct in Gumbo Limbo
Private natural views. Easy-living end-of-cul-de-sac home on 1 level. Semi-raised with high ceilings, large great room with dining & wet bar, plus family room that opens to eat-in kitchen. 3 bedrooms 2.5 baths, 2-car garage & enormous concrete storeroom below. New roof & HVAC. \$549,000



1894 Farm Trail in Island Woods
One of last vacant parcels in mid-island small 38-home community of olde-Florida-style homes. High elevation so some homes are near ground-level, others raised. Amenities include pool & tennis. Walk to Jerry's Shopping Center, bank, & more or bike up Casa Ybel Rd to beach. \$249,000



4566 Buck Key Rd in Sanibel Bayous
Lot for single-family piling home. Lowest-priced near-beach parcel. Featuring desired southern exposure & natural views. Convenient to bike path, wildlife refuge, rec center, & school. Midway between Sanibel & Captiva. \$149,000



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Sanibel Square #3
472-HOME (4663)
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The SanibelSusan Team
Professional & Experienced
More listing info, search MLS, &
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